



Albany Leadership Charter

(G) 7/8TH Outdoor Track

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 18, 2024	Mon	Practice (TRYOUT)	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Mar 19, 2024	Tue	Practice (TRYOUT)	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Mar 20, 2024	Wed	Practice (TRYOUT)	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Mar 21, 2024	Thu	Practice (TRYOUT)	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Mar 25, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Mar 26, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Mar 27, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Mar 28, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 8, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 9, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 10, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 11, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 15, 2024	Mon	Regular Season	Coxsackie-Athens @ Hudson	4:30 PM		High School Track		L
Apr 16, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 17, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 18, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 22, 2024	Mon	Regular Season	Greenville @ Cairo-Durham	4:30 PM		Track		L
Apr 23, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 24, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 25, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 26, 2024	Fri	Regular Season	Coxsackie-Athens @ Greenville	4:30 PM		Greenville Track		L
Apr 30, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
May 1, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
May 1, 2024	Wed	Regular Season	@ Taconic Hills	4:30 PM		Track		L
May 2, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
May 3, 2024	Fri	Regular Season	@ Catskill	4:30 PM		Cairo-Durham HS		L
May 6, 2024	Mon	Regular Season	@ Maple Hill	4:30 PM		Track: MHHS		L
May 7, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
May 8, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
May 9, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
May 13, 2024	Mon	Regular Season	Taconic Hills, Cairo-Durham @ Coxsackie-Athens	4:30 PM		Track (High School)		L
May 14, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		

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May 15, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
May 16, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
May 21, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
May 22, 2024	Wed	Regular Season (Patroon Modified Meet)	Taconic Hills, Hudson, Maple Hill, Coxsackie-Athens, Catskill, Cairo-Durham, Watervliet @ Greenville	4:30 PM		Greenville Track		L

Date: 2026-01-07