



Albany Leadership Charter

(G) 7/8TH Outdoor Track

Coaches:

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--------------------|-----------|------------|----------|--|-----------|----------------|---------------------|
| Mar 27, 2023 | Mon | Practice (TRYOUTS) | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| Mar 28, 2023 | Tue | Practice (TRYOUTS) | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| Mar 29, 2023 | Wed | Practice (TRYOUTS) | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| Mar 30, 2023 | Thu | Practice (TRYOUTS) | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| Mar 31, 2023 | Fri | Practice (TRYOUTS) | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| Apr 3, 2023 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| Apr 4, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| Apr 5, 2023 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| Apr 6, 2023 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| Apr 17, 2023 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| Apr 18, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|-------------------------------|------------|----------|--|--|---------------------|
| Apr 19, 2023 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | |
| Apr 20, 2023 | Thu | Regular Season | TBD @ Hudson | 4:30 PM | 6:15 PM | High School Track | Bus/Driver: Durham Services Class Dismissal: 3:00 PM Departure Point: ALCS Middle School Departure Date: Apr 20, 2023 Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM | L |
| Apr 21, 2023 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | |
| Apr 24, 2023 | Mon | Regular Season | TBD @ Cairo-Durham | 4:30 PM | | Track | Bus/Driver: Durham Services Class Dismissal: 3:00 PM Departure Point: ALCS MS Departure Date: Apr 24, 2023 Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM | L |
| Apr 25, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | |
| Apr 26, 2023 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | |
| Apr 27, 2023 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | |
| Apr 28, 2023 | Fri | Regular Season | Greenville @ Coxsackie-Athens | 4:30 PM | | Track | Bus/Driver: Durham Services Class Dismissal: 3:00 PM Departure Point: ALCS MS Departure Date: Apr 28, 2023 Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM | L |
| May 1, 2023 | Mon | Regular Season | Watervliet @ Taconic Hills | 4:30 PM | | Track | Bus/Driver: Durham Services Class Dismissal: 3:00 PM Departure Point: ALCS MS Departure Date: May 1, 2023 Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|-----------------------------------|------------|----------|--|---|--|---------------------|
| May 2, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| May 3, 2023 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| May 4, 2023 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| May 5, 2023 | Fri | Regular Season | Windham-Ashland-Jewitt @ Catskill | 4:30 PM | 6:00 PM | Track | Bus/Driver: Durham Services Class Dismissal: 3:00 PM | Departure Point: ALCS MS Departure Date: May 5, 2023 Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM | L |
| May 8, 2023 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| May 9, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| May 10, 2023 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| May 11, 2023 | Thu | Regular Season | @ Maple Hill | 4:30 PM | | Track | | | L |
| May 12, 2023 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |
| May 15, 2023 | Mon | Regular Season | Chatham @ Coxsackie-Athens | 4:30 PM | | Track | Bus/Driver: Durham Services Class Dismissal: 3:00 PM | Departure Point: ALCS MS Departure Date: May 15, 2023 Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM | L |
| May 16, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Albany Leadership: Middle School - GYM | | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------------------------|--|------------|----------|---------------------|-----------|----------------|---------------------|
| May 19, 2023 | Fri | Regular Season (Patroon Invitational) | Taconic Hills, Maple Hill, Cocksackie-Athens, Catskill, Greenville, Hudson, Windham-Ashland-Jewitt, Cairo-Durham, Chatham @ Watervliet | 4:30 PM | | Watervliet HS Track | | | L |

Date: 2024-05-19