



Albany Leadership Charter

(G) 7/8TH Outdoor Track

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 27, 2023	Mon	Practice (TRYOUTS)	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
Mar 28, 2023	Tue	Practice (TRYOUTS)	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
Mar 29, 2023	Wed	Practice (TRYOUTS)	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
Mar 30, 2023	Thu	Practice (TRYOUTS)	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
Mar 31, 2023	Fri	Practice (TRYOUTS)	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
Apr 3, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
Apr 4, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
Apr 5, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
Apr 6, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
Apr 17, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
Apr 18, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			

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Apr 19, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 20, 2023	Thu	Regular Season	TBD @ Hudson	4:30 PM	6:15 PM	High School Track	Bus/Driver: Durham Services Class Dismissal: 3:00 PM Departure Point: ALCS Middle School Departure Date: Apr 20, 2023 Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM	L
Apr 21, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 24, 2023	Mon	Regular Season	TBD @ Cairo-Durham	4:30 PM		Track	Bus/Driver: Durham Services Class Dismissal: 3:00 PM Departure Point: ALCS MS Departure Date: Apr 24, 2023 Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM	L
Apr 25, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 26, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 27, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM		
Apr 28, 2023	Fri	Regular Season	Greenville @ Cocksackie-Athens	4:30 PM		Track	Bus/Driver: Durham Services Class Dismissal: 3:00 PM Departure Point: ALCS MS Departure Date: Apr 28, 2023 Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM	L
May 1, 2023	Mon	Regular Season	Watervliet @ Taconic Hills	4:30 PM		Track	Bus/Driver: Durham Services Class Dismissal: 3:00 PM Departure Point: ALCS MS Departure Date: May 1, 2023 Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM	L

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May 2, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
May 3, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
May 4, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
May 5, 2023	Fri	Regular Season	Windham-Ashland-Jewitt @ Catskill	4:30 PM	6:00 PM	Track	Bus/Driver: Durham Services Class Dismissal: 3:00 PM	Departure Point: ALCS MS Departure Date: May 5, 2023 Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM	L
May 8, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
May 9, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
May 10, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
May 11, 2023	Thu	Regular Season	@ Maple Hill	4:30 PM		Track			L
May 12, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			
May 15, 2023	Mon	Regular Season	Chatham @ Coxsackie-Athens	4:30 PM		Track	Bus/Driver: Durham Services Class Dismissal: 3:00 PM	Departure Point: ALCS MS Departure Date: May 15, 2023 Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM	L
May 16, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership: Middle School - GYM			

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May 19, 2023	Fri	Regular Season (Patroon Invitational)	Taconic Hills, Maple Hill, Cocksackie-Athens, Catskill, Greenville, Hudson, Windham-Ashland-Jewitt, Cairo-Durham, Chatham @ Watervliet	4:30 PM		Watervliet HS Track			L

Date: 2024-05-19