



Albany Leadership Charter

(G) V Outdoor Track

Coaches:

- Alizadia Taylor

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 11, 2024	Mon	Practice (TRYOUT)	N/A	3:15 PM	5:00 PM	Albany Leadership High School: UNION / CAFE			
Mar 12, 2024	Tue	Practice (TRYOUT)	N/A	3:15 PM	5:00 PM	Albany Leadership High School: UNION / CAFE			
Mar 13, 2024	Wed	Practice (TRYOUT)	N/A	3:15 PM	5:00 PM	Albany Leadership High School: UNION / CAFE			
Mar 14, 2024	Thu	Practice (TRYOUT)	N/A	3:15 PM	5:00 PM	Albany Leadership High School: UNION / CAFE			
Mar 18, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership High School: GYM			
Mar 19, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership High School: GYM			
Mar 20, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership High School: GYM			
Mar 21, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership High School: GYM			
Mar 22, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership High School: GYM			
Mar 25, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership High School: GYM			
Mar 26, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership High School: GYM			
Mar 27, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership High School: GYM			
Mar 28, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership High School: GYM			

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Apr 8, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
Apr 9, 2024	Tue	Regular Season	Cairo-Durham @ Hudson	4:30 PM		High School Track			L
Apr 10, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
Apr 11, 2024	Thu	Regular Season 16-108 L	@ Taconic Hills	4:30 PM		Track			L
Apr 12, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
Apr 15, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
Apr 16, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
Apr 17, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
Apr 18, 2024	Thu	Regular Season	Greenville, Windham-Ashland-Jewitt @ Coxsackie-Athens	4:30 PM		Track (High School)			L
Apr 19, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
Apr 22, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
Apr 23, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
Apr 24, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
Apr 25, 2024	Thu	Regular Season	Hudson, Watervliet @ Rensselaer	4:30 PM		High School Track			L
Apr 26, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
Apr 29, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			

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Apr 30, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
May 2, 2024	Thu	Regular Season	Rensselaer, Maple Hill @ Chatham	4:30 PM		Chatham HS Track			L
May 3, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
May 6, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
May 7, 2024	Tue	Regular Season	Rensselaer, Catskill @ Greenville	4:30 PM		Greenville Track			L
May 8, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
May 9, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
May 10, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
May 13, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
May 14, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
May 15, 2024	Wed	Regular Season (Patroon Championships)	Watervliet, Chatham, Catskill, Coxsackie-Athens, Greenville, Rensselaer, Maple Hill, Cairo-Durham, Hudson @ Taconic Hills	4:00 PM		Track	Bus/Driver: Durham Services Class Dismissal: 2:20 PM	Departure Point: ALCS Gym Doors Departure Date: May 15, 2024 Departure Time: 2:30 PM	L
May 16, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
May 17, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
May 20, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			

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May 21, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			
May 22, 2024	Wed	Meet (Section 2 Group 2 Championships)	Vs. Multiple	4:00 PM	8:55 PM	APHS Track			NL
May 23, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Albany Leadership: HS Fitness Room/Outside			

Date: 2025-12-19