



# Albany Leadership Charter

## (G) V Outdoor Track

### Coaches:

- Peter Keller
- Carly Dunne

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
POSTPONED Mar 13, 2023	Mon	Practice (TRYOUT & Meeting )	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			
POSTPONED Mar 14, 2023	Tue	Practice (TRYOUTS)	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			
POSTPONED Mar 15, 2023	Wed	Practice (TRYOUTS)	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			
Mar 16, 2023	Thu	Practice (Mandatory Meeting)	N/A	3:15 PM	4:00 PM	Albany Leadership High School: GYM			
Mar 20, 2023	Mon	Practice (TRYOUT #1)	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			
Mar 21, 2023	Tue	Practice (TRYOUT #2)	N/A	3:00 PM	4:00 PM	Albany Leadership High School: GYM			
Mar 22, 2023	Wed	Practice (TRYOUT #3)	N/A	3:00 PM	4:00 PM	Albany Leadership High School: GYM			
Mar 23, 2023	Thu	Practice (TRYOUT #4)	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			
Mar 24, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			
Mar 27, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			
Mar 28, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			

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Mar 29, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			
Mar 30, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			
Mar 31, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			
Apr 3, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			
Apr 4, 2023	Tue	Regular Season	Hudson @ Cairo-Durham	4:30 PM		Track	<b>Bus/Driver:</b> Durham Services <b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> ALCS HS <b>Departure Time:</b> 3:25 PM	L
Apr 5, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Albany Leadership High School: GYM			
Apr 6, 2023	Thu	Regular Season	@ Taconic Hills	4:30 PM		Track	<b>Bus/Driver:</b> Durham Services <b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> ALCS HS <b>Departure Time:</b> 3:25 PM	L
Apr 17, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
Apr 18, 2023	Tue	Regular Season	Windham-Ashland-Jewitt, Cocksackie-Athens @ Greenville	4:30 PM	10:00 PM	Track	<b>Bus/Driver:</b> Durham Services <b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> ALCS HS <b>Departure Time:</b> 3:25 PM	L
Apr 19, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
Apr 20, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
Apr 21, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			

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Apr 24, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
Apr 25, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
Apr 26, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
Apr 27, 2023	Thu	Regular Season	Watervliet, Rensselaer @ Hudson	4:30 PM		High School Track	<b>Bus/Driver:</b> Durham Services <b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> ALCS HS <b>Departure Time:</b> 3:25 PM	L
Apr 28, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 1, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 2, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 4, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 5, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 8, 2023	Mon	Regular Season	Maple Hill, TBD @ Rensselaer	4:30 PM		High School Track	<b>Bus/Driver:</b> Durham Services <b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> ALCS HS <b>Departure Time:</b> 3:25 PM	L
May 9, 2023	Tue	Regular Season	Catskill, Greenville @ Rensselaer	4:30 PM		High School Track	<b>Bus/Driver:</b> Durham Services <b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> ALCS HS <b>Departure Time:</b> 3:25 PM	L
May 10, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			

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May 11, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 12, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 12, 2023	Fri	Regular Season	@ Chatham	4:30 PM		HS Track			L
May 15, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 16, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 17, 2023	Wed	Regular Season (Patroon Championships)	Catskill, Cairo-Durham, Chatham, Greenville, Hudson, Taconic Hills, Watervliet, Maple Hill, Rensselaer @ Coxsackie-Athens	4:15 PM		Track	<b>Bus/Driver:</b> Durham Services <b>Class Dismissal:</b> 2:15 PM	<b>Departure Point:</b> ALCS HS <b>Departure Time:</b> 2:45 PM	L
May 18, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 19, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 22, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 23, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			
May 24, 2023	Wed	Meet (Section 2 Group 2 Championships)	Vs. Multiple	4:00 PM	8:55 PM	APHS Track			NL
May 25, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Albany Leadership High School: GYM			