



# South Lewis

## (B) 7/8TH Wrestling

### Coaches:

- James Lamm, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 20, 2026	Tue	Regular Season	@ General Brown	5:00 PM	6:00 PM	GBHS Auxiliary Gym	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Track <b>Departure Time:</b> 3:00 PM	L
Jan 23, 2026	Fri	Regular Season	Copenhagen, South Jefferson, Watertown, Indian River, General Brown, Sandy Creek, Carthage, Beaver River @ Lowville	4:00 PM		Lowville High School Main Gym	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Track <b>Departure Time:</b> 3:00 PM	L
Jan 28, 2026	Wed	Regular Season	@ Carthage	5:30 PM		Carthage HS Gym	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Track <b>Departure Time:</b> 4:00 PM	L
Jan 30, 2026	Fri	Regular Season	Lowville, Sandy Creek, Beaver River, Copenhagen @ Indian River	5:00 PM	8:00 PM	Indian River Middle School Gym#1 (Main Office)	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Track <b>Departure Time:</b> 3:00 PM	L
Feb 3, 2026	Tue	Regular Season	Watertown, Lowville, General Brown, Copenhagen	5:00 PM		South Lewis MS Gymnasium, South Lewis HS Gymnasium			L
Feb 10, 2026	Tue	Regular Season	Beaver River, Lowville, Copenhagen @ Carthage	5:00 PM		Carthage HS Gym	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Track <b>Departure Time:</b> 3:30 PM	L
Feb 25, 2026	Wed	Regular Season	General Brown, South Jefferson, Watertown @ Carthage	4:30 PM		Carthage HS Gym	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Track <b>Departure Time:</b> 3:00 PM	L
Mar 2, 2026	Mon	Regular Season	Carthage, Lowville @ Beaver River	5:00 PM		Beaver River E S	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Track <b>Departure Time:</b> 3:30 PM	L
Mar 7, 2026	Sat	Regular Season	Copenhagen, South Jefferson, Watertown, General Brown, Carthage, Lowville, Beaver River, Sandy Creek @ Indian River	9:00 AM		Indian River Middle School Gym#1 (Main Office)	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Track <b>Departure Time:</b> 7:00 AM	L

Date: 2025-12-15