



# South Lewis (G) V Winter Track

## Coaches:

- Jack Bernard, Head Coach
- Lori Bernard, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 6, 2019	Fri	Regular Season (Mohawk Valley Team Relays)	@ TBD	4:30 PM		Utica University	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Back Ramp <b>Departure Time:</b> 2:45 PM	NL
Dec 12, 2019	Thu	Regular Season (Mohawk Valley Individual Relays)	@ TBD	4:30 PM		Utica University	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Back Ramp <b>Departure Time:</b> 2:45 PM	NL
Dec 20, 2019	Fri	Regular Season (Mohawk Valley Meet #3)	@ TBD	4:30 PM		Utica University	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Back Ramp <b>Departure Time:</b> 2:45 PM	NL
Jan 3, 2020	Fri	Regular Season (Mohawk Valley Meet #4)	@ TBD	4:30 PM		Utica University	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Back Ramp <b>Departure Time:</b> 2:45 PM	NL
Jan 10, 2020	Fri	Regular Season (Mohawk Valley Meet #5)	@ TBD	4:30 PM		Utica University	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Back Ramp <b>Departure Time:</b> 2:45 PM	NL
Jan 17, 2020	Fri	Regular Season (Mohawk Valley Meet #6)	@ TBD	4:30 PM		Utica University	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Back Ramp <b>Departure Time:</b> 2:45 PM	NL
Jan 24, 2020	Fri	Regular Season (CENTRAL NEW YORK INVITATION @ UTICA COLLEGE)	@ TBD	4:00 PM		Utica University	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Back Ramp <b>Departure Time:</b> 2:15 PM	NL
Jan 31, 2020	Fri	Regular Season (Mohawk Valley League Championship Meet)	@ TBD	4:30 PM		Utica University	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Back Ramp <b>Departure Time:</b> 2:45 PM	NL
Feb 8, 2020	Sat	Post-Season (Section III Championships @ OCC)	@ TBD	2:00 PM		Onondaga Community College SRC Arena	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Back Ramp <b>Departure Time:</b> 11:00 AM	NL
Feb 25, 2020	Tue	Post-Season (Section III State Qualifier)	@ TBD	4:00 PM		Onondaga Community College SRC Arena	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Back Ramp <b>Departure Time:</b> 1:00 PM	NL
Mar 7, 2020	Sat	Post-Season (NY State Championships @ Ocean Breeze Athletic Complex)	@ TBD	9:00 AM		OCEAN BREEZE TRACK AND FIELD FACILITY, STATEN ISLAND, NY	<b>Bus/Driver:</b> South Lewis	<b>Departure Point:</b> Back Ramp	NL

Date: 2025-12-10