

Coaches:

• Britney Swiernik, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START EN	ND IME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 21, 2023	Tue	Scrimmage	Adirondack	5:30 PM		South Lewis HS Gymnasium			NL
Nov 24, 2023	Fri	Scrimmage (Multi team- Scrimmage day)	South Jefferson, Pulaski, New Hartford, Onondaga Central, Carthage, Morrisville- Eaton, Whitesboro @ Sandy Creek	11:30 AM		Sandy Creek MS/HS Gym		Departure Point: Track Departure Time: 9:30 AM	L
CANCELLED Dec 1, 2023	Fri	Regular Season	Little Falls	7:00 PM		South Lewis HS Gymnasium			L
Dec 4, 2023	Mon	Regular Season	Beaver River	7:30 PM		South Lewis HS Gymnasium			L
Dec 6, 2023	Wed	Regular Season	@ Sandy Creek	7:15 PM		Sandy Creek MS/HS Gym		Departure Point: Track Departure Time: 4:00 PM	L
Dec 9, 2023	Sat	Regular Season (Tournament)	New Hartford, South Jefferson, Mount Markham, Weedsport, Sandy Creek, General Brown, Whitesboro, Canastota, Oneida	9:00 AM		South Lewis HS Gymnasium, South Lewis MS Gymnasium			NL
Dec 12, 2023	Tue	Regular Season	South Jefferson	7:30 PM		South Lewis HS Gymnasium			L
Dec 14, 2023	Thu	Regular Season	@ Watertown	7:30 PM		Watertown H S		Departure Point: Track Departure Time: 3:45 PM	L
Dec 18, 2023	Mon	Regular Season	New Hartford	7:30 PM		South Lewis HS Gymnasium			NL
Dec 21, 2023	Thu	Regular Season	Lowville	6:30 PM		South Lewis HS Gymnasium			L
Dec 26, 2023	Tue	Scrimmage	@ Lowville	10:00 AM		Lowville High School		Departure Point: Track Departure Time: 9:00 AM	NL
Dec 28, 2023	Thu	Scrimmage	Adirondack	10:30 12 AM PI	2:30 M	South Lewis HS Gymnasium			NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 4, 2024	Thu	Regular Season	General Brown	6:30 PM		South Lewis HS Gymnasium			L
Jan 8, 2024	Mon	Regular Season	@ Little Falls	7:00 PM		MS Gym	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:30 PM	L
Jan 13, 2024	Sat	Regular Season	@ Carthage	11:00 AM		Carthage HS Gym	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 9:30 AM	NL
Jan 16, 2024	Tue	Regular Season	@ Thousand Islands	7:30 PM		Thousand Islands High School Gym		Departure Point: Track Departure Time: 3:45 PM	L
Jan 17, 2024	Wed	Regular Season 3-2 W	@ Remsen	7:00 PM		High School Gym	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 4:15 PM	NL
Jan 19, 2024	Fri	Regular Season	Sandy Creek	7:30 PM		South Lewis HS Gymnasium			L
Jan 23, 2024	Tue	Regular Season	Thousand Islands	7:30 PM		South Lewis HS Gymnasium			L
Jan 24, 2024	Wed	Regular Season	@ Oneida	6:30 PM		Fariel Gym	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:00 PM	L
Jan 26, 2024	Fri	Regular Season	@ Beaver River	7:45 PM		Beaver River E S	Bus/Driver: South Lewis Central School	Departure Point: Track Departure Time: 4:30 PM	L
Jan 27, 2024	Sat	Regular Season	Carthage	10:30 AM		South Lewis HS Gymnasium			L
Jan 29, 2024	Mon	Regular Season	@ General Brown	7:00 PM	8:30 PM	GBHS Main Gym	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:30 PM	NL
Feb 1, 2024	Thu	Regular Season (FL Semi-Final)	@ Sandy Creek	6:00 PM		Sandy Creek MS/HS Gym		Departure Point: Track Departure Time: 4:00 PM	L
Feb 3, 2024	Sat	Regular Season (Playoffs)	@ TBD	TBD		TBD			L
Feb 7, 2024	Wed	Post-Season	@ Sauquoit Valley	6:00 PM		MS Gym	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 4:00 PM	NL
Feb 9, 2024	Fri	Post-Season	@ Mount Markham	6:00 PM		MS Blue Gym	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:45 PM	NL

Date: 2024-05-06