

Coaches:

• Carole Gunn, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 5, 2023	Tue	Regular Season	Adirondack	5:00 PM		South Lewis High School Pool			NL
Sep 7, 2023	Thu	Regular Season	Lowville	5:00 PM		South Lewis High School Pool			L
Sep 12, 2023	Tue	Regular Season	South Jefferson	5:30 PM		South Lewis High School Pool			L
Sep 14, 2023	Thu	Regular Season	@ Watertown	5:00 PM	7:00 PM	Watertown H S	Bus/Driver: South Lewis Central School	Departure Point: Track Departure Time: 3:00 PM	L
Sep 19, 2023	Tue	Regular Season 79-103 L	@ Carthage	5:00 PM		Carthage HS Pool	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:30 PM	L
Sep 21, 2023	Thu	Regular Season	Indian River	5:00 PM		South Lewis High School Pool			L
Sep 23, 2023	Sat	Regular Season (Invitational)	Indian River, South Jefferson, Thousand Islands, Beaver River, Lowville @ Watertown	11:00 AM	8:00 PM	Watertown H S	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 7:00 AM	L
Sep 26, 2023	Tue	Regular Season	Beaver River	5:30 PM		South Lewis High School Pool			L
Sep 28, 2023	Thu	Regular Season	@ Thousand Islands	5:00 PM		Thousand Islands Pool	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:00 PM	L
Sep 30, 2023	Sat	Regular Season	Thousand Islands	11:00 AM		South Lewis High School Pool			L
Oct 3, 2023	Tue	Regular Season	@ Lowville	5:00 PM		Lowville High School	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:30 PM	L
Oct 5, 2023	Thu	Regular Season	@ Beaver River	5:00 PM		Beaver River H S	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:30 PM	L
Oct 11, 2023	Wed	Regular Season	Lowville @ Adirondack	4:30 PM	7:30 PM	Pool	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:00 PM	NL
Oct 16, 2023	Mon	Regular Season	@ West Canada Valley	4:30 PM		Herkimer County CC	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:00 PM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START I	END TIME LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 21, 2023	Sat	Regular Season (Legaue Meet)	South Jefferson, Carthage, Thousand Islands, Beaver River, Lowville, Indian River @ Watertown	11:00 AM	Middle School Pool, Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Mezzanine	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 8:00 AM	L
Oct 28, 2023	Sat	Post- Season (Diving)	@ TBD	2:30 PM	Nottingham H.S. Pool	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 11:30 AM	NL
Oct 31, 2023	Tue	Post- Season (Diving)	@ TBD	2:30 PM	Nottingham H.S. Pool	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 11:30 AM	NL
Nov 1, 2023	Wed	Post- Season	@ TBD	2:30 PM	Nottingham H.S. Pool	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 11:30 AM	NL
Nov 3, 2023	Fri	Post- Season (State Qualifier)	@ TBD	2:30 PM	Nottingham H.S. Pool	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 11:30 AM	NL

Date: 2025-12-05