

## Coaches:

• Carole Gunn, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 30, 2019	Fri	Scrimmage	Holland Patent, Rome Free Academy, Carthage, Beaver River	9:00 AM	South Lewis High School Pool			NL
Sep 5, 2019	Thu	Regular Season	@ Thousand Islands	5:30 PM	Thousand Islands Turf Field	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 2:45 PM	L
Sep 7, 2019	Sat	Regular Season	Adirondack	11:00 AM	South Lewis High School Pool			NL
Sep 10, 2019	Tue	Regular Season	Lowville	5:00 PM	South Lewis High School Pool			L
Sep 12, 2019	Thu	Regular Season	@ Beaver River	5:00 PM	Beaver River H S	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 3:45 PM	L
Sep 17, 2019	Tue	Regular Season	Watertown	5:00 PM	South Lewis High School Pool			L
Sep 19, 2019	Thu	Regular Season	@ Indian River	5:00 PM	Middle School Pool	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 3:00 PM	L
Sep 20, 2019	Fri	Regular Season (B Invitational)	Beaver River, Carthage, Adirondack, West Canada Valley @ Lowville	5:00 PM	Lowville High School Main Gym	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 3:00 PM	NL
Sep 24, 2019	Tue	Regular Season 103-80 W	Carthage	5:00 PM	South Lewis High School Pool			L
Sep 26, 2019	Thu	Regular Season	@ South Jefferson	5:00 PM	SJ HS/MS - Pool	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 3:15 PM	L
Oct 1, 2019	Tue	Regular Season	Thousand Islands	5:00 PM	South Lewis High School Pool			L
Oct 3, 2019	Thu	Regular Season	@ Lowville	5:00 PM	Lowville High School Main Gym	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 3:45 PM	L
Oct 5, 2019	Sat	Regular Season	@ Adirondack	11:00 AM	Pool	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 8:45 AM	NL
Oct 8, 2019	Tue	Regular Season	Beaver River	5:00 PM	South Lewis High School Pool			L
Oct 15, 2019	Tue	Regular Season	Gouverneur	5:00 PM	South Lewis High School Pool			NL

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Oct 18, 2019	Fri	Regular Season	West Canada Valley	5:00 PM	South Lewis High School Pool			NL
Oct 19, 2019	Sat	Regular Season (Frontier League Diving Championships)	Beaver River, Carthage, Indian River, South Jefferson, Thousand Islands, Watertown @ Lowville	11:00 AM	Lowville High School Main Gym	<b>Bus/Driver:</b> South Lewis	Departure Point: Back Ramp Departure Time: 8:15 AM	L
Oct 26, 2019	Sat	Regular Season (Frontier League Swimming Championships)	Jefferson, Thousand	11:00 AM	Thousand Islands Turf Field	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 7:15 AM	L
Nov 8, 2019	Fri	Post-Season (Class C Sectionals at Skaneateles)	@ TBD	5:00 PM	Skaneateles YMCA & Community Center	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 12:45 PM	NL
Nov 10, 2019	Sun	Post-Season (State Qualifier Meet @ Nottingham HS)	@ TBD	1:00 PM	Nottingham H.S. Pool	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 9:30 AM	NL

Date: 2025-12-14