South Lewis
(G) V Outdoor Track

Coaches:

- Jack Bernard, Head Coach
- Kari Flihan, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Apr 5, 2024	Fri	Regular Season	@ Fulton	4:00 PM		Fulton High School Stadium Field	**Bus/Driver:** South Lewis	**Departure Point:** Track **Departure Time:** 2:00 PM	NL
Apr 10, 2024	Wed	Regular Season	Lowville @ South Jefferson	4:45 PM		SJ Wilson Elem. Track	**Bus/Driver:** South Lewis	**Departure Point:** Track **Departure Time:** 2:50 PM	L
Apr 12, 2024	Fri	Meet (Tully Coed Invite)	Vs. Multiple	4:00 PM	9:00 PM	Tully HS			NL
Apr 16, 2024	Tue	Regular Season	Sandy Creek	5:00 PM		South Lewis Stadium Field			L
Apr 26, 2024	Fri	Regular Season	@ Sauquoit Valley	4:00 PM		Stadium Field	**Bus/Driver:** South Lewis	**Departure Point:** Track **Departure Time:** 12:30 PM	NL
Apr 30, 2024	Tue	Regular Season	Beaver River, Carthage	4:30 PM		South Lewis Stadium Field			L
May 3, 2024	Fri	Regular Season (Ed Wadas Track Invitational)	Remsen, Niskayuna High School, Watertown, Rome Free Academy, Dolgeville, Clinton, South Jefferson, Altmar-Parish-Williamstown (APW Rebels), Utica Proctor, Notre Dame, Utica, Nottingham, Oneida, Waterville, Cortland, Camden, Beaver River, West Canada Valley, Sauquoit Valley, New York Mills, Herkimer, New Hartford, Adirondack, Central Square, Weedsport, Holland Patent @ Whitesboro	4:00 PM	10:30 PM	Ed Wadas Complex High School			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 3, 2024	Fri	Regular Season	@ TBD	4:00 PM	10:30 PM	Ed Wadas Complex High School	**Bus/Driver:** South Lewis	**Departure Point:** Track **Departure Time:** 2:00 PM	NL
May 7, 2024	Tue	Regular Season	Watertown @ Indian River	4:30 PM	7:30 PM	Wolves Stadium, Turf Facility (Field A)	**Bus/Driver:** South Lewis	**Departure Point:** Track **Departure Time:** 2:50 PM	L
May 10, 2024	Fri	Regular Season	@ Oneida	3:30 PM		HS Track	**Bus/Driver:** South Lewis	**Departure Point:** Track **Departure Time:** 1:30 PM	NL
May 13, 2024	Mon	Regular Season (Frontier League Tournament Steeplechase)	Beaver River, Indian River, South Jefferson, Watertown, Lowville @ Carthage	5:00 PM		Comet Field	**Bus/Driver:** South Lewis	**Departure Point:** Track **Departure Time:** 3:45 PM	L
May 14, 2024	Tue	Regular Season (Frontier League CoEd Championships)	Lowville, Indian River, Watertown, South Jefferson, Carthage @ Beaver River	4:00 PM	8:45 PM	Beaver River H S	**Bus/Driver:** South Lewis	**Departure Point:** Track **Departure Time:** 2:50 PM	L
May 21, 2024	Tue	Post-Season	@ TBD	3:00 PM		Utica University	**Bus/Driver:** South Lewis	**Departure Point:** Track **Departure Time:** 12:45 PM	NL
May 30, 2024	Thu	Post-Season	@ TBD	4:00 PM		Cicero North Syracuse High School	**Bus/Driver:** South Lewis	**Departure Point:** Track **Departure Time:** 1:00 PM	NL

Date: 2024-10-12