



South Lewis

(G) V Outdoor Track

Coaches:

- Jack Bernard, Head Coach
- Kari Flihan, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 3, 2023	Mon	Regular Season (Tully Co-Ed Spring Invitational)	Fulton, Cazenovia, Cato-Meridian (Blue Devils), Hannibal, Henninger, Onondaga Central, Solvay, OnTech High School, Homer, East Syracuse Minoa, Mexico, Institute of Technology, Syracuse @ Tully	3:00 PM	6:00 PM	Tully HS Track	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 12:00 PM	NL
Apr 19, 2023	Wed	Regular Season	Beaver River	4:30 PM	7:00 PM	South Lewis Stadium Field			L
Apr 24, 2023	Mon	Regular Season	Lowville @ Indian River	5:15 PM	7:30 PM	Wolves Stadium, Turf Facility (Field A)	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:00 PM	L
Apr 28, 2023	Fri	Regular Season	@ TBD	3:45 PM		Sauquoit Valley CS Stadium	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 1:45 PM	L
Apr 29, 2023	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	6:00 PM	Chittenango HS-Stadium	Bus/Driver: South Lewis	Departure Point: Ramp Departure Time: 9:45 AM	NL
May 2, 2023	Tue	Regular Season	Sandy Creek, Watertown	4:30 PM	7:30 PM	South Lewis Stadium Field			L

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May 5, 2023	Fri	Regular Season (Ed Wadas Invitational)	Watertown, Dolgeville, Waterville, Homer, Altmar-Parish-Williamstown (APW Rebels), West Canada Valley, Holland Patent, Henninger, New Hartford, Oneida, Niskayuna High School, Nottingham, Beaver River, Notre Dame, Utica, Town of Webb UFSD (Varsity Girls Track), Rome Free Academy, Skaneateles, Lowville, Cato-Meridian (Blue Devils), Central Valley Academy, Westmoreland, Central Square, New York Mills, Remsen, Clinton, Camden, Saranac Lake, Adirondack, Indian River @ Whitesboro	4:00 PM		Ed Wadas Complex High School	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:00 PM	NL
May 9, 2023	Tue	Regular Season	Carthage @ South Jefferson	4:30 PM		SJ Wilson Elem. Track	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:45 PM	L
May 12, 2023	Fri	Regular Season	@ Baldwinsville	4:30 PM	7:00 PM	Bville - Baker P/A Stadium TRACK	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 1:45 PM	NL
May 15, 2023	Mon	Regular Season (FL Championship Meet Coed)	Beaver River, Carthage, Indian River, Lowville, Sandy Creek, South Jefferson, TBD @ Watertown	4:00 PM		Watertown H S	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:00 PM	L
May 20, 2023	Sat	Regular Season	@ Clinton	10:00 AM		Stadium Field (Grass / Track & Field)	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 8:00 AM	NL
May 23, 2023	Tue	Post-Season	@ TBD	4:30 PM		HS Main Field	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:15 PM	NL

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May 23, 2023	Tue	Post-Season (Class C-1 Sectionals)	Jordan-Elbridge, Altmar-Parish-Williamstown (APW Rebels), Sherburne-Earlville, Syracuse Academy of Science, Mount Markham, Herkimer, Westmoreland, Pulaski, Utica Academy of Science, Living Word Academy, Onondaga Central, LaFayette (LaFayette/OCS) @ Little Falls	4:30 PM		HS Main Field	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 1:30 PM	NL
Jun 1, 2023	Thu	Post-Season	@ TBD	4:00 PM		Cicero North Syracuse Track	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:00 PM	NL

Date: 2025-12-14