



South Lewis

(G) V Outdoor Track

Coaches:

- Jack Bernard, Head Coach
- Kari Flihan, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 31, 2022	Thu	Scrimmage	Remsen	4:30 PM	6:30 PM	South Lewis Stadium Field			L
Apr 5, 2022	Tue	Regular Season (Relay Meet)	Watertown, Indian River, Carthage, Beaver River, Sandy Creek, Lowville @ South Jefferson	5:00 PM		SJ Wilson Elem. Track	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:00 PM	NL
POSTPONED Apr 20, 2022	Wed	Regular Season	Lowville	4:00 PM		South Lewis Stadium Field			L
Apr 22, 2022	Fri	Regular Season	@ TBD	4:00 PM		Sauquoit Valley High School Track	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:00 PM	NL
Apr 25, 2022	Mon	Regular Season	Lowville, Sandy Creek @ Indian River	5:00 PM		Wolves Stadium, Turf Facility (Field A)	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:00 PM	L
Apr 29, 2022	Fri	Regular Season	@ Rome Free Academy	4:00 PM		Stadium Track and Field	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:00 PM	NL
Apr 30, 2022	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	5:30 PM	Chittenango HS-Stadium			NL
May 3, 2022	Tue	Regular Season	Carthage, Watertown	5:00 PM		South Lewis Stadium Field			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 6, 2022	Fri	Regular Season (Whitesboro Ed Wadas Invitational)	Clinton, Adirondack, Dolgeville, Vernon-Verona-Sherrill, Watertown, New York Mills, Sauquoit Valley, Niskayuna High School, Utica Proctor, Lowville, Oneida, Remsen, Homer, Nottingham, Rome Free Academy, Central Valley Academy, West Canada Valley, New Hartford, Herkimer @ Whitesboro	3:30 PM		Ed Wadas Complex High School	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 1:30 PM	NL
May 7, 2022	Sat	Regular Season	@ TBD	5:00 PM		Hilton	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 1:30 PM	NL
May 10, 2022	Tue	Regular Season	Beaver River @ South Jefferson	5:00 PM		SJ Wilson Elem. Track	Bus/Driver: South Lewis	Departure Time: 3:00 PM	L
May 13, 2022	Fri	Regular Season	@ TBD	3:30 PM		Oneida HS Track	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 1:30 PM	NL
May 17, 2022	Tue	Regular Season (Co-Ed League Championships)	South Jefferson, Sandy Creek, Beaver River, Carthage, Watertown, Lowville @ Indian River	5:00 PM		Wolves Stadium, Turf Facility (Field A)	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:00 PM	L
May 21, 2022	Sat	Regular Season	@ TBD	9:00 AM		Clinton High School Track	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 7:00 AM	NL
May 24, 2022	Tue	Post-Season	@ TBD	4:00 PM		Adirondack High School	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:00 PM	NL
Jun 2, 2022	Thu	Post-Season	@ TBD	4:00 PM		Cicero North Syracuse Track	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 1:30 PM	NL
Jun 10, 2022	Fri	Post-Season	@ TBD	11:00 AM		Cicero North Syracuse Track	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 9:00 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jun 11, 2022	Sat	Post-Season	@ TBD	11:00 AM		Cicero North Syracuse Track			NL

Date: 2026-01-05