

Coaches:

- Jack Bernard, Head Coach
- Kari Gehrke, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 2, 2019	Tue	Regular Season (LEAGUE RELAY MEET)	Carthage, Indian River, Watertown, South Jefferson, Lowville, Sandy Creek @ TBD	4:30 PM		Watertown Case M S	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 2:45 PM	L
Apr 2, 2019	Tue	Regular Season (FL Relay Meet)	Beaver River, Lowville, Indian River, Carthage, Sandy Creek, South Jefferson @ Watertown	5:00 PM		Watertown H S			L
Apr 12, 2019	Fri	Meet (Chittenango Relays)	Vs. Multiple	4:00 PM	9:00 PM	Chittenango HS- Stadium	Bus/Driver:	Departure Point: Back Ramp Departure Time: 2:45 PM	NL
Apr 12, 2019	Fri	Regular Season (Chittenango Invitational)	@ TBD	4:15 PM			Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 2:45 PM	L
POSTPONED Apr 17, 2019	Wed	Regular Season (Westhill Invitational)	@ TBD	1:00 PM		Westhill High School	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 10:00 AM	L
Apr 25, 2019	Thu	Regular Season	South Jefferson	4:30 PM		South Lewis Stadium Field			L
Apr 26, 2019	Fri	Regular Season (Chittenango Invitational)	@ TBD	4:15 PM		Chittenango High School	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 1:45 PM	L
CANCELLED Apr 27, 2019	Sat	Regular Season (St. Lawrence Invitational @ St. Lawrence University)	@ TBD	9:15 AM		TBD	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 6:30 AM	L
Apr 29, 2019	Mon	Regular Season	Carthage @ Watertown	4:30 PM		Watertown H S	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 2:45 PM	L
May 2, 2019	Thu	Regular Season	Sandy Creek, Lowville	5:00 PM		South Lewis Stadium Field			L
May 3, 2019	Fri	Regular Season (CBA Invitational)	@ TBD	4:15 PM		Christian Brothers Academy		Departure Point: Back Ramp Departure Time: 2:45 PM	L
May 4, 2019	Sat	Regular Season (Rome Invitational @ VVS)	@ TBD	2:00 PM		VVS High School		Departure Point: Back Ramp Departure Time: 11:30 AM	L

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May 7, 2019	Tue	Regular Season	Beaver River @ Indian River	5:00 PM		Indian River Outdoor Track	Dus/Dilvei.	Departure Point: Back Ramp Departure Time: 2:45 PM	L
May 10, 2019	Fri	Regular Season (Oneida Invitational)	@ TBD	3:00 PM		Oneida HS Track	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 1:30 PM	L
May 11, 2019	Sat	Regular Season (Loucks Games)	@ TBD	9:00 AM		White Plains HS	Bus/Driver: South Lewis	Departure Point: Back Ramp	L
May 15, 2019	Wed	Regular Season (LEAGUE CHAMPIONSHIPS)	Watertown, Carthage, South Jefferson, Beaver River, Sandy Creek, Lowville @ Indian River	4:00 PM		Indian River Outdoor Track	Bus/Driver: South Lewis Class Dismissal: 1:15 PM	Departure Point: Back Ramp Departure Time: 1:30 PM	L
May 20, 2019	Mon	Post-Season (Steeplechase Sectionals)	@ TBD	12:00 PM			Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 10:00 AM	NL
May 21, 2019	Tue	Post-Season (Class C-1 Sectionals)	@ TBD	3:00 PM		Sauquoit Valley High School Track	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 12:30 PM	NL
May 31, 2019	Fri	Post-Season (Section III State Qualifier)	@ TBD	4:00 PM		Cicero North Syracuse Track	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 1:30 PM	NL
Jun 7, 2019	Fri	Post-Season (NYS Championships)	@ TBD	12:00 PM		Middletown HS	Bus/Driver: South Lewis	Departure Point: Back Ramp	NL
Jun 8, 2019	Sat	Post-Season (NYS Championships)	@ TBD	12:00 PM		Middletown HS	Bus/Driver: South Lewis	Departure Point: Back Ramp	NL

Date: 2024-05-21