

## Coaches:

- Jason Gibson, Head Coach
- Lori Bernard, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
CANCELLED Apr 5, 2024	Fri	Regular Season	@ Fulton	4:00 PM		Fulton High School Stadium Field	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:00 PM	NL
Apr 10, 2024	Wed	Regular Season	Lowville @ South Jefferson	4:45 PM		SJ Wilson Elem. Track	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:50 PM	L
Apr 12, 2024	Fri	Meet (Tully Coed Invite)	Vs. Multiple	4:00 PM	9:00 PM	Tully HS			NL
Apr 16, 2024	Tue	Regular Season	Sandy Creek	5:00 PM		South Lewis Stadium Field			L
Apr 26, 2024	Fri	Regular Season	@ Sauquoit Valley	4:00 PM		Stadium Field	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 12:30 PM	NL
Apr 30, 2024	Tue	Regular Season	Beaver River, Carthage	4:30 PM		South Lewis Stadium Field			L
May 3, 2024	Fri	Regular Season (Ed Wadas Invitational)	Remsen, Niskayuna High School, Watertown, Rome Free Academy, Dolgeville, Clinton, South Jefferson, Altmar-Parish- Williamstown (APW Rebels), Utica Proctor, Notre Dame, Utica, Nottingham, Oneida, Waterville, Adirondack, Central Square, Weedsport, Cortland, Camden, Beaver River, West Canada Valley, Sauquoit Valley, New York Mills, Herkimer @ Whitesboro		10:30 PM	Ed Wadas Complex High School	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:00 PM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 7, 2024	Tue	Regular Season	Watertown @ Indian River	4:30 PM	7:30 PM	Warrior Stadium, Turf Facility (Field A)	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:50 PM	L
May 10, 2024	Fri	Regular Season	@ Oneida	3:30 PM		HS Track	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 1:30 PM	NL
May 13, 2024	Mon	Regular Season (Frontier League Tournament Steeplechase)	Beaver River, Indian River, South Jefferson, Sandy Creek, Watertown @ Carthage	5:00 PM		Comet Field		Departure Point: Track Departure Time: 3:45 PM	L
May 14, 2024	Tue	Regular Season (Frontier League Co Ed Championships)	Carthage, Indian River, Watertown, South Jefferson @ Beaver River	4:00 PM	8:45 PM	Beaver River H S	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 2:50 PM	L
May 21, 2024	Tue	Post-Season	@ TBD	3:00 PM		Utica University	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 1:00 PM	NL
May 30, 2024	Thu	Post-Season	@ TBD	4:00 PM		Cicero North Syracuse High School	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 1:30 PM	NL

Date: 2024-05-04