



South Lewis

(B) 7/8TH Cross Country

Coaches:

- Michele Liendecker, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 15, 2018	Sat	Regular Season (ESM Modified Invitational)	@ TBD	9:00 AM		East Syracuse Minoa High School	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 6:00 AM	NL
Sep 18, 2018	Tue	Regular Season	South Jefferson	4:30 PM		South Lewis Cross Country Course			L
Sep 25, 2018	Tue	Regular Season	Beaver River @ Indian River	4:30 PM		Indian River M.S. Cross Country Course			L
Sep 29, 2018	Sat	Regular Season (EJ Herrmann Invitational)	@ TBD	9:15 AM		Utica Proctor Park	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 6:30 AM	NL
Oct 2, 2018	Tue	Regular Season	Sandy Creek @ Watertown	4:30 PM		Watertown H S			L
Oct 6, 2018	Sat	Regular Season (Whitesboro Invitational)	@ TBD	9:00 AM		Deerfield Park	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 6:30 AM	NL
Oct 9, 2018	Tue	Regular Season	@ Carthage	4:30 PM		Carthage High School			L
Oct 16, 2018	Tue	Regular Season (LEAGUE CHAMPIONSHIPS)	Carthage, Beaver River, Watertown, South Jefferson, Indian River @ Sandy Creek	3:30 PM		Sandy Creek MS/HS	Bus/Driver: South Lewis	Departure Point: Back Ramp Departure Time: 1:30 PM	L

Date: 2026-01-25