



South Lewis

(B) 7/8TH Cross Country

Coaches:

- Michele Liendecker, Head Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|--|------------|----------|--|-------------------------|---|---------------------|
| Sep 15, 2018 | Sat | Regular Season (ESM Modified Invitational) | @ TBD | 9:00 AM | | East Syracuse Minoa High School | Bus/Driver: South Lewis | Departure Point: Back Ramp Departure Time: 6:00 AM | NL |
| Sep 18, 2018 | Tue | Regular Season | South Jefferson | 4:30 PM | | South Lewis Cross Country Course | | | L |
| Sep 25, 2018 | Tue | Regular Season | Beaver River @ Indian River | 4:30 PM | | Indian River M.S. Cross Country Course | | | L |
| Sep 29, 2018 | Sat | Regular Season (EJ Herrmann Invitational) | @ TBD | 9:15 AM | | Utica Proctor Park | Bus/Driver: South Lewis | Departure Point: Back Ramp Departure Time: 6:30 AM | NL |
| Oct 2, 2018 | Tue | Regular Season | Sandy Creek @ Watertown | 4:30 PM | | Watertown HS | | | L |
| Oct 6, 2018 | Sat | Regular Season (Whitesboro Invitational) | @ TBD | 9:00 AM | | Deerfield Park | Bus/Driver: South Lewis | Departure Point: Back Ramp Departure Time: 6:30 AM | NL |
| Oct 9, 2018 | Tue | Regular Season | @ Carthage | 4:30 PM | | Carthage High School | | | L |
| Oct 16, 2018 | Tue | Regular Season (LEAGUE CHAMPIONSHIPS) | Carthage, Beaver River, Watertown, South Jefferson, Indian River @ Sandy Creek | 3:30 PM | | Sandy Creek MS/HS | Bus/Driver: South Lewis | Departure Point: Back Ramp Departure Time: 1:30 PM | L |

Date: 2026-01-25