



South Lewis

(G) 7/8TH Cross Country

Coaches:

- Michele Liendecker, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION / NON-LEAGUE	
							Bus/Driver:	Departure Point: Back Ramp Departure Time: 2:45 PM
Sep 15, 2015	Tue	Scrimmage	TBD	4:30 PM		Indian River High School	South Lewis	NL
Sep 19, 2015	Sat	Regular Season	TBD	9:00 AM		East Syracuse Minoa High School	South Lewis	NL
Sep 22, 2015	Tue	Scrimmage	Carthage	5:00 PM		South Lewis Cross Country Course		NL
Sep 26, 2015	Sat	Regular Season	TBD	9:00 AM		Utica Proctor Track	South Lewis	NL
Oct 10, 2015	Sat	Regular Season	TBD	12:00 PM		Rome Free Academy	South Lewis	NL
Oct 13, 2015	Tue	Regular Season	Watertown	4:30 PM		Watertown Wiley Intermediate School		NL
Oct 17, 2015	Sat	Regular Season	TBD	10:00 AM		Tully High School	South Lewis	NL
Oct 24, 2015	Sat	Regular Season	TBD	9:30 AM		Adirondack High School	South Lewis	NL

Date: 2026-01-13