

Coaches:

• John Exford, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUI / NON- LEAGUI
Nov 22, 2023	Wed	Scrimmage	Oneida	1:00 PM	South Lewis MS Gymnasium			NL
Nov 30, 2023	Thu	Regular Season	@ Beaver River	6:00 PM	Beaver River H S	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 4:30 PM	L
Dec 2, 2023	Sat	Regular Season	Oriskany	4:00 PM	South Lewis HS Gymnasium			NL
Dec 5, 2023	Tue	Regular Season	Thousand Islands	6:00 PM	South Lewis HS Gymnasium			L
Dec 8, 2023	Fri	Regular Season	Sandy Creek	6:00 PM	South Lewis HS Gymnasium			L
Dec 12, 2023	Tue	Regular Season	@ Sackets Harbor	6:00 PM	SHCS Gymnasium	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 4:00 PM	L
Dec 15, 2023	Fri	Regular Season	Belleville Henderson	6:00 PM	South Lewis HS Gymnasium			L
Dec 18, 2023	Mon	Regular Season	@ Copenhagen	5:30 PM	Copenhagen Central School	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 4:00 PM	L
Dec 21, 2023	Thu	Regular Season	Immaculate Heart Central, Watertown	6:00 PM	South Lewis MS Gymnasium			NL
CANCELLED Dec 22, 2023	Fri	Regular Season	@ Notre Dame, Utica	5:30 PM	Michael Walsh Gymnasium	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:30 PM	NL
Dec 27, 2023	Wed	Regular Season	@ St. Lawrence Central	11:00 AM	Jefferson Community College Gymnasium	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 9:00 AM	NL
Dec 29, 2023	Fri	Regular Season	@ Altmar- Parish- Williamstown	11:00 AM	A-P-W High School	Bus/Driver: South Lewis Central School	Departure Point: Track Departure Time: 9:00 AM	NL
Jan 2, 2024	Tue	Regular Season	Lyme	6:00 PM	South Lewis HS Gymnasium			L
Jan 4, 2024	Thu	Regular Season	@ Alexandria	6:00 PM	Alexandria School	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:45 PM	L
CANCELLED Jan 6, 2024	Sat	Regular Season	Notre Dame, Utica	11:00 AM	South Lewis HS Gymnasium			NL
CANCELLED Jan 19, 2024	Fri	Regular Season	@ Immaculate Heart Central, Watertown	5:30 PM	Immaculate Heart Central H S	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 3:45 PM	NL
Jan 20, 2024	Sat	Regular Season	@ Sandy Creek	11:00 AM	Sandy Creek MS/HS Gym	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 9:00 PM	L
Jan 22, 2024	Mon	Regular Season	Frankfort- Schuyler	5:30 PM	South Lewis HS Gymnasium			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 26, 2024	Fri	Regular Season	Beaver River	6:00 PM		South Lewis HS Gymnasium			L
Jan 30, 2024	Tue	Regular Season	@ Thousand Islands	6:00 PM		Thousand Islands High School Gym	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 4:00 PM	L
Feb 1, 2024	Thu	Regular Season	LaFargeville	6:00 PM		South Lewis HS Gymnasium			L
Feb 3, 2024	Sat	Regular Season	@ Indian River	11:00 AM	12:30 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)	Bus/Driver: South Lewis	Departure Point: Track Departure Time: 9:00 AM	NL

Date: 2024-05-03