## Coaches:

• Melinda Paulsen, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START END	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 20, 2023	Fri	Scrimmage	Lowville	6:30 PM	South Lewis MS Gymnasium			L
Jan 23, 2023	Mon	Regular Season 12-21 L	Carthage	6:30 PM	South Lewis MS Gymnasium			L
Jan 28, 2023	Sat	Regular Season	@ General Brown	11:30 AM	B-GP Elem Gym	Bus/Driver: South Lewis Central School	Departure Point: Track Departure Time: 8:15 AM	L
Feb 4, 2023	Sat	Regular Season	Indian River	10:00 AM	South Lewis Elem Gymnasium			L
Feb 8, 2023	Wed	Regular Season	@ South Jefferson	4:30 PM	SJ HS/MS Gym 2 (HS)	Bus/Driver: South Lewis Central School	Departure Point: Track Departure Time: 3:00 PM	L
Feb 9, 2023	Thu	Regular Season	@ Watertown	5:00 PM	Watertown Knickerbocker E S	Bus/Driver: South Lewis Central School	Departure Point: Track Departure Time: 3:15 PM	L
Feb 13, 2023	Mon	Regular Season	@ Lowville	6:00 PM	Lowville High School	Bus/Driver: South Lewis Central School	Departure Point: Track Departure Time: 3:15 PM	L
Feb 16, 2023	Thu	Regular Season 7-28 L	@ Carthage	4:30 PM	Carthage HS Gym	Bus/Driver: South Lewis Central School	Departure Point: Track Departure Time: 3:10 PM	L
Feb 27, 2023	Mon	Regular Season	Belleville Henderson	6:30 PM	South Lewis Elem Gymnasium			L
Mar 1, 2023	Wed	Regular Season	General Brown	5:00 PM	South Lewis Elem Gymnasium			L

Date: 2025-12-06