Salem

(G) V Outdoor Track (Cambridge-Salem)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 11, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Mar 12, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Mar 13, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Mar 14, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
POSTPONED Mar 15, 2024	Fri	Practice	N/A	2:40 PM	4:10 PM	Salem High School		
Mar 18, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Mar 19, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Mar 20, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Mar 21, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Mar 22, 2024	Fri	Practice	N/A	2:40 PM	4:10 PM	Salem High School		
Mar 25, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Mar 26, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Mar 27, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Mar 28, 2024	Thu	Practice	N/A	2:30 PM	4:00 PM	Salem High School		
Mar 29, 2024	Fri	Practice	N/A	9:00 AM	11:00 AM	Salem High School		
Mar 29, 2024	Fri	Practice	N/A	2:40 PM	4:10 PM	Salem High School		
Apr 2, 2024	Tue	Practice	N/A	4:00 PM	5:00 PM	Salem High School		
Apr 4, 2024	Thu	Practice	N/A	4:00 PM	5:00 PM	Salem High School		
Apr 10, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
Apr 11, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
Apr 11, 2024	Thu	Regular Season	Lake George	4:30 PM		Salem High School		L
Apr 12, 2024	Fri	Practice	N/A	2:30 PM	4:00 PM	McGuire Meadows		
Apr 15, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
Apr 16, 2024	Tue	Regular Season	Granville	4:00 PM		TBD		L
Apr 17, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
Apr 18, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		

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Apr 19, 2024	Fri	Practice	N/A	2:30 PM	4:00 PM	McGuire Meadows		
Apr 20, 2024	Sat	Regular Season (Stillwater "Rockin' Relays")	@ Stillwater	9:00 AM		Track	**Departure Date:** Apr 20, 2024 **Departure Time:** 7:35 AM	NL
Apr 22, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
Apr 23, 2024	Tue	Regular Season	@ Whitehall	4:00 PM		TBD		L
Apr 24, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
Apr 25, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
Apr 26, 2024	Fri	Practice	N/A	2:40 PM	4:10 PM	McGuire Meadows		
Apr 27, 2024	Sat	Regular Season (Maple Hill Track Invitational)	@ Maple Hill	10:00 AM		Maple Hill HS	**Departure Date:** Apr 27, 2024 **Departure Time:** 8:00 AM	NL
Apr 29, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
Apr 30, 2024	Tue	Regular Season	Warrensburg	4:00 PM		TBD		L
May 1, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 2, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 3, 2024	Fri	Regular Season (Fonda-Fultonville Invitational)	@ Fonda-Fultonville	4:00 PM		Fonda-Fultonville HS	**Departure Date:** May 3, 2024 **Departure Time:** 1:30 PM	L
May 6, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 7, 2024	Tue	Regular Season	@ Corinth (Corinth/HL)	4:00 PM		TBD		L
May 8, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 9, 2024	Thu	Regular Season (Bemus Invitational)	@ Greenwich	3:00 PM		Track	**Departure Date:** May 9, 2024 **Departure Time:** 1:45 PM	NL
May 10, 2024	Fri	Practice	N/A	2:40 PM	4:10 PM	McGuire Meadows		
May 13, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
POSTPONED May 14, 2024	Tue	Regular Season (Adirondack League Championships)	@ Granville	3:00 PM		Sam Eppolito Track Complex	**Departure Date:** May 14, 2024 **Departure Time:** 1:45 PM	L
May 15, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 16, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 16, 2024	Thu	Regular Season (League Championships)	Lake George, Warrensburg, Corinth (Corinth/HL), Whitehall @ Granville	4:30 PM		Sam Eppolito Track Complex		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 17, 2024	Fri	Regular Season (Schuylerville Classic)	TBD	3:45 PM		Schuylerville High School	**Departure Date:** May 17, 2024 **Departure Time:** 2:15 PM	NL

Date: 2026-09-15