

## Coaches:

- Miriam Nestle, Head Coach
- Peter Dunigan, Volunteer

Nov 14, 2022   Mon   Practice   N/A   315   515   FM   PM   PM   PM   PM   PM   PM   PM	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 16, 2022   Wed   Practice   N/A   PM   PM   PM   PM   PM   PM   PM   P	Nov 14, 2022	Mon	Practice	N/A			HS Gym		
Nov 17, 2022   Thu	Nov 15, 2022	Tue	Practice	N/A			HS Gym		
Nov 18, 2022	Nov 16, 2022	Wed	Practice	N/A			HS Gym		
Nov 23, 2022   Wed   Practice   N/A   23, 315   515   HS Gym	Nov 17, 2022	Thu	Practice	N/A			HS Gym		
Nov 28, 2022   Mon   Practice   N/A   3:15   5:15   PM   PM   PM   PM   PM   PM   PM   P	Nov 18, 2022	Fri	Practice	N/A			HS Gym		
Nov 29, 2022   Tue   Practice   N/A   315   515   PM   PM   PM   PM   PM   PM   PM   P	Nov 23, 2022	Wed	Practice	N/A			Auditorium		
Nov 29, 2022   Nov 30, 2022   Wed   Practice   N/A   3:15   5:15   HS Gym   PM   PM   PM   PM   PM   PM   PM   P	Nov 28, 2022	Mon	Practice	N/A			HS Gym		
Dec 2, 2022   Fri	Nov 29, 2022	Tue	Practice	N/A			HS Gym		
Dec 2, 2022   Mon   Regular Season   Crown Point   Si00   PM   Salem High School   NL	Nov 30, 2022	Wed	Practice	N/A			HS Gym		
Dec 3, 2022   Tue   Regular Season   Granville (Varsity 5:00 Girls Basketball)   PM   Salem High School   L	Dec 2, 2022	Fri	Practice	N/A			HS Gym		
Dec 7, 2022   Wed   Practice   N/A   3:15   5:15   PM   PM   PM   PM   PM   PM   PM   P	Dec 5, 2022	Mon	Regular Season	Crown Point			Salem High School		NL
Dec 7, 2022         Wed         Practice         N/A         PM         PM         PM         PS Gym           Dec 8, 2022         Thu         Practice         N/A         2:30 PM         4:00 PM         PM         HS Gym           Dec 9, 2022         Fri         Practice         N/A         4:00 PM         5:30 PM         HS Gym           Dec 12, 2022         Mon         Regular Season         Argyle (Argyle)         7:00 PM         Salem High School         L           Dec 13, 2022         Tue         Regular Season         @ Hartford         7:00 PM         HCS Ella Colvin Gymnasium         L           Dec 14, 2022         Wed         Practice         N/A         3:15 5:00 PM         HS Gym           Dec 15, 2022         Thu         Practice         N/A         3:15 5:00 PM         HS Gym           Dec 19, 2022         Mon         Practice         N/A         4:45 6:15 PM         HS Gym           Dec 20, 2022         Tue         Regular Season         TBD         7:00 PM         Salem High School         L           Dec 21, 2022         Wed         Practice         N/A         3:15 5:15 PM         HS Gym           Dec 22, 2022         Thu         Practice         N/A         2:35 PM<	Dec 6, 2022	Tue	Regular Season				Salem High School		L
Dec 8, 2022         Thu         Practice         N/A         PM         PM         PM         HS Gym           Dec 9, 2022         Fri         Practice         N/A         4:00 pM         5:30 pM         HS Gym           Dec 12, 2022         Mon         Regular Season started W         Argyle (Argyle) pM         7:00 pM         Salem High School         L           Dec 13, 2022         Tue         Regular Season started W         PM         PM         HCS Ella Colvin Gymnasium         L           Dec 14, 2022         Wed         Practice         N/A         3:15 started S	Dec 7, 2022	Wed	Practice	N/A			HS Gym		
Dec 12, 2022         Mon         Regular Season         Argyle (Argyle)         7:00 PM         Salem High School         L           Dec 13, 2022         Tue         Regular Season 51-46 W         @ Hartford         7:00 PM         HCS Ella Colvin Gymnasium         L           Dec 14, 2022         Wed         Practice         N/A         3:15 5:00 PM         HS Gym           Dec 15, 2022         Thu         Practice         N/A         3:15 5:00 PM         HS Gym           Dec 19, 2022         Mon         Practice         N/A         4:45 6:15 PM         HS Gym           Dec 20, 2022         Tue         Regular Season         TBD         700 PM         Salem High School         L           Dec 21, 2022         Wed         Practice         N/A         3:15 PM         HS Gym           Dec 21, 2022         Tue         Regular Season         TBD         7:00 PM         Salem High School         L           Dec 22, 2022         Thu         Practice         N/A         3:15 PM         HS Gym           Dec 22, 2022         Thu         Practice         N/A         2:35 PM         HS Gym           Dec 26, 2022         Mon         Practice         N/A         9:00 PM         HS Gym           Dec	Dec 8, 2022	Thu	Practice	N/A			HS Gym		
Dec 12, 2022         Mon         Regular Season 51-46 W         Argyle (Argyle) PM         Salem High School         L           Dec 13, 2022         Tue         Regular Season 51-46 W         @ Hartford         7:00 PM         HCS Ella Colvin Gymnasium         L           Dec 14, 2022         Wed         Practice         N/A         3:15 5:00 PM         HS Gym           Dec 15, 2022         Thu         Practice         N/A         4:45 6:15 PM         HS Gym           Dec 19, 2022         Mon         Practice         N/A         4:45 PM         HS Gym           Dec 20, 2022         Tue         Regular Season         TBD         7:00 PM         Salem High School         L           Dec 21, 2022         Wed         Practice         N/A         3:15 PM         FS Gym           Dec 22, 2022         Thu         Practice         N/A         2:35 PM         HS Gym           Dec 26, 2022         Mon         Practice         N/A         9:00 PM         HS Gym           Dec 27, 2022         Tue         Regular Season         @ Glens Falls         6:00         Glens Falls HS	Dec 9, 2022	Fri	Practice	N/A			HS Gym		
Dec 13, 2022         Tue         51-46 W         Wed Hartion         PM         Gymnasium         L           Dec 14, 2022         Wed Practice         N/A         3:15 5:00 PM PM PM PM PM PM         HS Gym           Dec 15, 2022         Thu Practice         N/A         4:45 6:15 PM PM PM PM         HS Gym           Dec 19, 2022         Mon Practice         N/A         7:00 PM PM PM PM PM PM         Salem High School         L           Dec 20, 2022         Tue Regular Season         N/A         3:15 5:15 PM	Dec 12, 2022	Mon	Regular Season	Argyle (Argyle)			Salem High School		L
Dec 14, 2022         Wed Practice         N/A         PM P	Dec 13, 2022	Tue		@ Hartford					L
Dec 19, 2022         Mon         Practice         N/A         PM         PM <td>Dec 14, 2022</td> <td>Wed</td> <td>Practice</td> <td>N/A</td> <td></td> <td></td> <td>HS Gym</td> <td></td> <td></td>	Dec 14, 2022	Wed	Practice	N/A			HS Gym		
Dec 19, 2022         Mon Practice         N/A         PM PM PM         HS Gym           Dec 20, 2022         Tue Regular Season TBD         7:00 PM Salem High School         L           Dec 21, 2022         Wed Practice         N/A         3:15 PM PM PM PM PM         HS Gym           Dec 22, 2022         Thu Practice         N/A         2:35 PM PM PM PM PM PM         HS Gym           Dec 26, 2022         Mon Practice         N/A         9:00 AM AM AM PS Gym           Dec 27, 2022         Tue Regular Season (2) Glens Falls         6:00 Glens Falls HS	Dec 15, 2022	Thu	Practice	N/A			HS Gym		
Dec 20, 2022         Tue         Regular Season         TBD         PM         Salem High School         L           Dec 21, 2022         Wed         Practice         N/A         3:15 PM PM PM PM         HS Gym           Dec 22, 2022         Thu         Practice         N/A         2:35 PM	Dec 19, 2022	Mon	Practice	N/A			HS Gym		
Dec 21, 2022         Wed Practice         N/A         PM P	Dec 20, 2022	Tue	Regular Season	TBD			Salem High School		L
Dec 22, 2022         Thu Practice         N/A         PM PM PM         PM PM PM PM           Dec 26, 2022         Mon Practice         N/A         9:00 AM AM AM PS Gym           Dec 27, 2022         Tue Regular Season @ Glens Falls         6:00 Glens Falls HS	Dec 21, 2022	Wed	Practice	N/A			HS Gym		
Dec 27, 2022 Tue Regular Season @ Glens Falls 6:00 Glens Falls HS	Dec 22, 2022	Thu	Practice	N/A			HS Gym		
TIEC 27 2022 THE BENHAR SEASON (A) GIENG FAIIG	Dec 26, 2022	Mon	Practice	N/A			HS Gym		
	Dec 27, 2022	Tue	Regular Season	@ Glens Falls					NL
Dec 28, 2022 Wed Regular Season Granville (Varsity 3:00 Glens Falls HS Gym NL	Dec 28, 2022	Wed	Regular Season						NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 2, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	HS Gym		
Jan 3, 2023	Tue	Regular Season	@ North Warren	5:30 PM		NW High School		L
Jan 4, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	HS Gym		
Jan 5, 2023	Thu	Regular Season	Mekeel Christian Academy	6:00 PM		Salem High School		NL
Jan 6, 2023	Fri	Practice	N/A	2:30 PM	4:00 PM	HS Gym		
Jan 9, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Auditorium		
Jan 10, 2023	Tue	Regular Season	@ Warrensburg	7:00 PM		Warrensburg High School		L
Jan 11, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	HS Gym		
Jan 13, 2023	Fri	Regular Season	@ Whitehall	7:00 PM		Whitehall Jr/Sr High School		L
Jan 18, 2023	Wed	Regular Season	@ Crown Point	6:00 PM		Crown Point School	Departure Date: Jan 18, 2023 Departure Time: 4:00 PM	NL
Jan 19, 2023	Thu	Practice	N/A	3:15 PM	4:45 PM	HS Gym		
Jan 20, 2023	Fri	Regular Season 43 L	TBD	6:00 PM		HS Gym		L
Jan 23, 2023	Mon	Practice	N/A	2:30 PM	3:45 PM	HS Gym		
Jan 24, 2023	Tue	Regular Season	Lake George	7:00 PM		Salem High School		L
Jan 26, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	HS Gym		
Jan 27, 2023	Fri	Regular Season	@ TBD	7:00 PM		Fort Ann Main Gymnasium	Departure Date: Jan 27, 2023 Departure Time: 4:00 PM	L
Jan 28, 2023	Sat	Regular Season	@ Mekeel Christian Academy	3:00 PM		Mekeel Christian Academy	Departure Date: Jan 25, 2023 Departure Time: 1:00 PM	NL
Jan 30, 2023	Mon	Regular Season	@ Corinth	6:45 PM		105 Oak Street Corinth NY 12822		L
Jan 31, 2023	Tue	Regular Season	North Warren	7:00 PM		Salem High School		L
Feb 2, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Auditorium		
Feb 3, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Feb 6, 2023	Mon	Practice	N/A	2:30 PM	4:00 PM	HS Gym		
Feb 7, 2023	Tue	Post-Season	@ Corinth	6:45 PM		105 Oak Street Corinth NY 12822	Departure Date: Feb 7, 2023 Departure Time: 3:30 PM	L
Feb 8, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	HS Gym		
Feb 9, 2023	Thu	Practice	N/A	3:15 PM	4:45 PM	HS Gym		
Feb 10, 2023	Fri	Practice	N/A	2:30 PM	4:00 PM	HS Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 13, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	HS Gym		
Feb 14, 2023	Tue	Regular Season (Consolation Game)	@ TBD	5:30 PM		Hadley- Luzerne Jr Sr High School Gym	Departure Date: Feb 14, 2023 Departure Time: 3:40 PM	NL
Feb 15, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	HS Gym		
Feb 16, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	HS Gym		
Feb 17, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	TBD		
Feb 20, 2023	Mon	Practice	N/A	9:00 AM		HS Gym		
Feb 21, 2023	Tue	Practice	N/A	9:00 AM	11:00 AM	HS Gym		
Feb 22, 2023	Wed	Practice	N/A	9:00 AM	11:00 AM	HS Gym		
Feb 23, 2023	Thu	Practice	N/A	9:00 AM	11:00 AM	HS Gym		
Feb 24, 2023	Fri	Practice	N/A	9:00 AM	11:00 AM	HS Gym		
Feb 25, 2023	Sat	Post-Season (Sectional Semi Finals) 50-56 L	Hartford	1:30 PM		AMS Main Gymnasium		NL

Date: 2025-12-07