



Salem

(B) MOD7/8/9 Wrestling (Salem-Cambridge)

Coaches:

- Rory (Hunter) Day

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 24, 2025	Mon	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 25, 2025	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 26, 2025	Wed	Practice	N/A	9:00 AM	10:50 AM	Salem High School		
Nov 28, 2025	Fri	Practice	N/A	9:00 AM	10:50 AM	Salem High School		
Dec 1, 2025	Mon	Practice	N/A	3:35 PM	5:25 PM	Primary Gym		
Dec 2, 2025	Tue	Practice	N/A	3:35 PM	5:25 PM	Primary Gym		
Dec 3, 2025	Wed	Practice	N/A	3:35 PM	5:25 PM	Primary Gym		
Dec 4, 2025	Thu	Practice	N/A	3:35 PM	5:25 PM	Primary Gym		
Dec 5, 2025	Fri	Practice	N/A	3:35 PM	5:25 PM	Primary Gym		
Dec 6, 2025	Sat	Practice	N/A	9:00 AM	10:15 AM	Primary Gym		
Dec 8, 2025	Mon	Practice	N/A	3:35 PM	5:25 PM	Primary Gym		
Dec 9, 2025	Tue	Practice	N/A	3:35 PM	5:25 PM	Primary Gym		
Dec 11, 2025	Thu	Practice	N/A	3:35 PM	5:25 PM	Primary Gym		
Dec 12, 2025	Fri	Regular Season	@ Tamarac	4:30 PM		Multi Purpose Gym		L
Dec 16, 2025	Tue	Regular Season (Tri-Meet w/ Glens Falls and Schuylerville)	@ Hudson Falls	TBD		Hudson Falls Middle School		L
Dec 22, 2025	Mon	Regular Season	@ Warrensburg	9:30 AM		Warrensburg High School		L
Jan 7, 2026	Wed	Regular Season	@ Hadley-Luzerne	6:00 PM		Hadley-Luzerne Jr Sr High School Gym		L
Jan 12, 2026	Mon	Regular Season	Corinth (Mountaineers)	5:30 PM		Auditorium		L
Jan 12, 2026	Mon	Regular Season	Corinth (Mountaineers)	5:30 PM		Auditorium		L
Jan 21, 2026	Wed	Regular Season	@ Warrensburg	6:00 PM		Warrensburg High School		L
Feb 2, 2026	Mon	Regular Season (Modified League Fun Day)	Granville (Granville-Whitehall), Hudson Falls	4:30 PM		HS Gym		L

Date: 2025-12-19