



Salem

(B) MOD7/8/9 Wrestling (Salem-Cambridge)

Coaches:

- Rory (Hunter) Day

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Nov 15, 2022	Tue	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Nov 16, 2022	Wed	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Nov 17, 2022	Thu	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Nov 18, 2022	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		
Nov 28, 2022	Mon	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Nov 29, 2022	Tue	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Nov 30, 2022	Wed	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 1, 2022	Thu	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 2, 2022	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		
Dec 5, 2022	Mon	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 6, 2022	Tue	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 7, 2022	Wed	Regular Season	@ Granville (Granville)	6:00 PM		Granville High School- Senior High Gym		L
Dec 8, 2022	Thu	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 9, 2022	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		
Dec 12, 2022	Mon	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 14, 2022	Wed	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 15, 2022	Thu	Regular Season (Mod JV V)	Warrensburg	6:00 PM		HS Gym		L
Dec 16, 2022	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		
Dec 19, 2022	Mon	Regular Season (Modified Event)	@ Hoosick Falls	4:30 PM		HS Gym	Departure Date: Dec 19, 2022 Departure Time: 3:15 PM	L
Dec 20, 2022	Tue	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 21, 2022	Wed	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 23, 2022	Fri	Practice	N/A	9:00 PM	10:45 PM	Salem High School		
Dec 27, 2022	Tue	Practice	N/A	9:00 AM	10:45 AM	Salem High School		
Dec 28, 2022	Wed	Practice	N/A	9:00 AM	10:45 AM	Salem High School		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Dec 29, 2022	Thu	Practice	N/A	9:00 AM	10:45 AM	Salem High School		
Dec 30, 2022	Fri	Practice	N/A	9:00 AM	10:45 AM	Salem High School		
Jan 3, 2023	Tue	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Jan 4, 2023	Wed	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Jan 5, 2023	Thu	Regular Season	@ Hadley-Luzerne (Coed)	6:00 PM		Hadley- Luzerne Jr Sr High School Gym		L
Jan 9, 2023	Mon	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Jan 10, 2023	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Jan 12, 2023	Thu	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Jan 13, 2023	Fri	Practice	N/A	3:00 PM	4:25 PM	Salem High School		
Jan 13, 2023	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		
Jan 16, 2023	Mon	Practice	N/A	9:00 AM	10:45 AM	Salem High School		
Jan 17, 2023	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Jan 19, 2023	Thu	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Jan 20, 2023	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		
Jan 23, 2023	Mon	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Jan 24, 2023	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
CANCELLED Jan 24, 2023	Tue	Regular Season	Warrensburg @ Hudson Falls	4:30 PM		Hudson Falls Middle School		NL
Jan 27, 2023	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		
Jan 30, 2023	Mon	Regular Season (Modified Play Day)	Hadley-Luzerne (Coed)	4:00 PM		HS Gym		NL
Jan 30, 2023	Mon	Regular Season (Modified League Fun Warrensburg Day)		TBD		HS Gym		L

Date: 2024-05-03