



# Salem

## (B) MOD7/8/9 Wrestling (Salem-Cambridge)

### Coaches:

- Rory (Hunter) Day

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 25, 2024	Mon	Practice	N/A	3:35 PM		TBD		
Nov 26, 2024	Tue	Practice	N/A	3:35 PM		TBD		
Nov 27, 2024	Wed	Practice	N/A	9:00 AM	10:45 AM	TBD		
Nov 29, 2024	Fri	Practice	N/A	9:00 AM	10:45 AM	TBD		
Dec 2, 2024	Mon	Practice	N/A	3:35 PM		TBD		
Dec 3, 2024	Tue	Practice	N/A	3:35 PM		TBD		
Dec 4, 2024	Wed	Practice	N/A	3:35 PM		TBD		
Dec 5, 2024	Thu	Practice	N/A	3:35 PM	5:25 PM	TBD		
Dec 6, 2024	Fri	Practice	N/A	3:35 PM	5:25 PM	TBD		
Dec 11, 2024	Wed	Regular Season	@ Hoosick Falls	6:00 PM		HS Gym		L
Dec 13, 2024	Fri	Regular Season (Fun Day)	@ Tamarac	4:30 PM		Multi Purpose Gym		L
Dec 17, 2024	Tue	Regular Season	Hadley-Luzerne	6:00 PM		HS Gym		L
Dec 23, 2024	Mon	Regular Season	@ Hoosick Falls	2:30 PM		HS Gym		L
Dec 30, 2024	Mon	Regular Season (Mon Fun Day)	@ Warrensburg	9:00 AM		Warrensburg High School		L
Jan 8, 2025	Wed	Regular Season	@ Granville (Granville-Whitehall)	6:00 PM		Whitehall Jr/Sr High School		L
Jan 15, 2025	Wed	Regular Season	Warrensburg	6:00 PM		HS Gym		L
Jan 20, 2025	Mon	Regular Season	Granville (Granville-Whitehall), TBD @ Hadley-Luzerne	12:00 PM		Hadley- Luzerne Jr Sr High School Gym		L
Jan 22, 2025	Wed	Regular Season	@ Corinth (Mountaineers)	6:00 PM		Corinth HS		L
Feb 3, 2025	Mon	Regular Season (Modified Playdate )	Lake George (Warrensburg/Lake George)	4:30 PM		Salem High School		L
Feb 3, 2025	Mon	Regular Season (Modified Fun Day)	Hadley-Luzerne	4:30 PM		HS Gym		NL
Feb 3, 2025	Mon	Regular Season (League Fun Day)	Granville (Granville-Whitehall)	4:30 PM		HS Gym		L

Date: 2025-03-23