



# Salem

## (B) MOD7/8/9 Wrestling (Salem-Cambridge)

### Coaches:

- Rory (Hunter) Day

| DATE                   | WEEK DAY | TYPE           | OPPONENTS             | START TIME | END TIME | LOCATION          | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------------|-----------------------|------------|----------|-------------------|----------------|---------------------|
| Nov 13, 2023           | Mon      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Nov 14, 2023           | Tue      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Nov 15, 2023           | Wed      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Nov 16, 2023           | Thu      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Nov 17, 2023           | Fri      | Practice       | N/A                   | 3:00 PM    | 4:45 PM  | Salem High School |                |                     |
| Nov 20, 2023           | Mon      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Nov 21, 2023           | Tue      | Practice       | N/A                   | 3:00 PM    | 4:45 PM  | Salem High School |                |                     |
| Nov 22, 2023           | Wed      | Practice       | N/A                   | 9:00 AM    | 10:45 AM | Salem High School |                |                     |
| Nov 24, 2023           | Fri      | Practice       | N/A                   | 9:00 AM    | 10:45 AM | Salem High School |                |                     |
| Nov 27, 2023           | Mon      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Nov 28, 2023           | Tue      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Nov 29, 2023           | Wed      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Nov 30, 2023           | Thu      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Dec 1, 2023            | Fri      | Practice       | N/A                   | 3:00 PM    | 4:45 PM  | Salem High School |                |                     |
| Dec 4, 2023            | Mon      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Dec 5, 2023            | Tue      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Dec 6, 2023            | Wed      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Dec 7, 2023            | Thu      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| POSTPONED Dec 11, 2023 | Mon      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Dec 12, 2023           | Tue      | Regular Season | Granville (Granville) | 6:00 PM    |          | HS Gym            |                | L                   |
| Dec 13, 2023           | Wed      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Dec 14, 2023           | Thu      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Dec 15, 2023           | Fri      | Practice       | N/A                   | 3:00 PM    | 4:45 PM  | Salem High School |                |                     |
| Dec 18, 2023           | Mon      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Dec 19, 2023           | Tue      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |
| Dec 20, 2023           | Wed      | Practice       | N/A                   | 3:35 PM    | 5:20 PM  | Salem High School |                |                     |

| DATE                   | WEEK DAY | TYPE                           | OPPONENTS             | START TIME | END TIME | LOCATION                | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|--------------------------------|-----------------------|------------|----------|-------------------------|----------------|---------------------|
| Dec 26, 2023           | Tue      | Practice                       | N/A                   | 9:00 AM    | 10:45 AM | Salem High School       |                |                     |
| Dec 27, 2023           | Wed      | Practice                       | N/A                   | 9:00 AM    | 10:45 AM | Salem High School       |                |                     |
| Dec 29, 2023           | Fri      | Practice                       | N/A                   | 9:00 AM    | 10:45 AM | Salem High School       |                |                     |
| Jan 2, 2024            | Tue      | Practice                       | N/A                   | 3:35 PM    | 5:25 PM  | Salem High School       |                |                     |
| Jan 3, 2024            | Wed      | Regular Season                 | @ Warrensburg         | 6:00 PM    |          | Warrensburg High School |                | L                   |
| Jan 4, 2024            | Thu      | Practice                       | N/A                   | 3:35 PM    | 5:25 PM  | Salem High School       |                |                     |
| Jan 5, 2024            | Fri      | Practice                       | N/A                   | 3:00 PM    | 4:45 PM  | Salem High School       |                |                     |
| Jan 8, 2024            | Mon      | Practice                       | N/A                   | 3:35 PM    | 5:20 PM  | TBD                     |                |                     |
| Jan 10, 2024           | Wed      | Regular Season                 | Hadley-Luzerne (Coed) | 6:00 PM    |          | Cambridge HS            |                | L                   |
| Jan 11, 2024           | Thu      | Practice                       | N/A                   | 3:35 PM    | 5:20 PM  | TBD                     |                |                     |
| Jan 12, 2024           | Fri      | Practice                       | N/A                   | 3:00 PM    | 4:45 PM  | Salem High School       |                |                     |
| POSTPONED Jan 16, 2024 | Tue      | Practice                       | N/A                   | 3:35 PM    | 5:25 PM  | Salem High School       |                |                     |
| Jan 18, 2024           | Thu      | Practice                       | N/A                   | 3:35 PM    | 5:25 PM  | Salem High School       |                |                     |
| Jan 19, 2024           | Fri      | Practice                       | N/A                   | 3:00 PM    | 4:45 PM  | Salem High School       |                |                     |
| Jan 22, 2024           | Mon      | Practice                       | N/A                   | 3:35 PM    | 5:25 PM  | Salem High School       |                |                     |
| Jan 23, 2024           | Tue      | Practice                       | N/A                   | 3:35 PM    | 5:25 PM  | Salem High School       |                |                     |
| Jan 24, 2024           | Wed      | Practice                       | N/A                   | 3:35 PM    | 5:25 PM  | Salem High School       |                |                     |
| Jan 25, 2024           | Thu      | Practice                       | N/A                   | 3:35 PM    | 5:25 PM  | Salem High School       |                |                     |
| Jan 26, 2024           | Fri      | Practice                       | N/A                   | 3:00 PM    | 4:45 PM  | Salem High School       |                |                     |
| Jan 29, 2024           | Mon      | Regular Season (Salem Fun Day) | Granville (Granville) | 4:30 PM    |          | HS Gym                  |                | NL                  |
| Jan 29, 2024           | Mon      | Regular Season                 | Hadley-Luzerne (Coed) | 5:30 PM    |          | HS Gym                  |                | NL                  |

Date: 2024-05-07