



Salem

(B) JV Wrestling (Salem-Cambridge)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:35 PM	5:25 PM	Primary Gym		
Nov 18, 2025	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 19, 2025	Wed	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 20, 2025	Thu	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 21, 2025	Fri	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 22, 2025	Sat	Practice	N/A	11:15 AM	12:45 PM	Salem High School		
Nov 22, 2025	Sat	Regular Season (Weight Certification)	@ South Glens Falls	2:00 PM		SGFHS - Blue Gymnasium		L
Nov 24, 2025	Mon	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 25, 2025	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 26, 2025	Wed	Practice	N/A	9:00 AM	10:50 AM	Salem High School		
Nov 28, 2025	Fri	Practice	N/A	9:00 AM	10:50 AM	Salem High School		
Dec 1, 2025	Mon	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Dec 2, 2025	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Dec 3, 2025	Wed	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Dec 4, 2025	Thu	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Dec 5, 2025	Fri	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Dec 6, 2025	Sat	Regular Season (Burnt Hills JV Tournament)	@ Burnt Hills-Ballston Lake HS	10:00 AM	8:00 PM	BH-BL HS Gym		L
Dec 8, 2025	Mon	Practice	N/A	3:35 PM	5:25 PM	Cafeteria C (terrazzo section)		
Dec 9, 2025	Tue	Practice	N/A	3:35 PM	5:25 PM	Cafeteria C (terrazzo section)		
Dec 11, 2025	Thu	Regular Season	@ Tamarac	6:00 PM		TBD		L
Dec 12, 2025	Fri	Practice	N/A	3:35 PM	5:25 PM	Primary Gym		
Dec 13, 2025	Sat	Regular Season (Ballston Spa JV Tournament)	@ Ballston Spa High School	9:30 AM		Ballston Spa High School Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 20, 2025	Sat	Regular Season (JV Wrestling Tournament)	Shaker High School, Ballston Spa High School, Schenectady High School (JV Wrestling), Saratoga Springs High School, Colonie High School, Shenendehowa High School @ Niskayuna High School	9:30 AM		NHS NEW GYM		NL
Dec 29, 2025	Mon	Regular Season (Holiday JV Tournament)	Shenendehowa High School, Schenectady High School (JV Wrestling), Ballston Spa High School, Saratoga Springs High School @ Queensbury	7:30 AM		Queensbury HS, Blue Gym		NL
Jan 7, 2026	Wed	Regular Season	@ Hadley-Luzerne	6:00 PM		Hadley-Luzerne Jr Sr High School Gym		L
Jan 13, 2026	Tue	Regular Season	Corinth (Mountaineers)	6:00 PM		HS Gym		L
Jan 14, 2026	Wed	Regular Season	Granville (Granville-Whitehall)	6:00 PM		Cambridge HS Gym		L
Jan 17, 2026	Sat	Regular Season (South Glens Falls JV Tourn)	Ballston Spa High School, TBD @ South Glens Falls	9:30 AM		SGFHS - Blue Gymnasium		L
Jan 21, 2026	Wed	Regular Season	@ Warrensburg (Warrensburg/Lake George)	6:00 PM		Warrensburg High School		L
POSTPONED Jan 26, 2026	Mon	Regular Season (JV Foothills Throwdown)	@ Hudson Falls	5:00 PM		Hudson Falls HS		L
Feb 2, 2026	Mon	Regular Season (JV League Multi Team Event)	Granville (Granville-Whitehall), Corinth (Mountaineers), Warrensburg (Warrensburg/Lake George), South Glens Falls, TBD @ Hadley-Luzerne	4:00 PM		Hadley-Luzerne Jr Sr High School Gym		L

Date: 2026-06-11