



Salem

(B) JV Wrestling (Salem-Cambridge)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:35 PM	5:25 PM	Primary Gym		
Nov 18, 2025	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 19, 2025	Wed	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 20, 2025	Thu	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 21, 2025	Fri	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 22, 2025	Sat	Practice	N/A	11:15 AM	12:45 PM	Salem High School		
Nov 22, 2025	Sat	Regular Season (Weight Certification)	@ South Glens Falls	2:00 PM		SGFHS - Blue Gymnasium		L
Nov 24, 2025	Mon	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 25, 2025	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Nov 26, 2025	Wed	Practice	N/A	9:00 AM	10:50 AM	Salem High School		
Nov 28, 2025	Fri	Practice	N/A	9:00 AM	10:50 AM	Salem High School		
Dec 1, 2025	Mon	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Dec 2, 2025	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Dec 3, 2025	Wed	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Dec 4, 2025	Thu	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Dec 5, 2025	Fri	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Dec 6, 2025	Sat	Regular Season (Burnt Hills JV Tournament)	@ Burnt Hills-Ballston Lake HS	10:00 AM	8:00 PM	BH-BL HS Gym		L
Dec 8, 2025	Mon	Practice	N/A	3:35 PM	5:25 PM	Cafeteria C (terrazzo section)		
Dec 9, 2025	Tue	Practice	N/A	3:35 PM	5:25 PM	Cafeteria C (terrazzo section)		
Dec 11, 2025	Thu	Regular Season	@ Tamarac	6:00 PM		TBD		L
Dec 12, 2025	Fri	Practice	N/A	3:35 PM	5:25 PM	Primary Gym		
Dec 13, 2025	Sat	Regular Season (Ballston Spa JV Tournament)	@ Ballston Spa High School	9:30 AM		Ballston Spa High School Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 20, 2025	Sat	Regular Season (JV Wrestling Tournament)	Shaker High School, Ballston Spa High School, Schenectady High School (JV Wrestling), Saratoga Springs High School, Colonie High School @ Niskayuna High School	9:30 AM		NHS NEW GYM		NL
Dec 29, 2025	Mon	Regular Season (Queensbury JV Tournament)	@ Queensbury	10:00 AM		Queensbury HS, Blue Gym		L
Jan 7, 2026	Wed	Regular Season	@ Hadley-Luzerne	6:00 PM		Hadley-Luzerne Jr Sr High School Gym		L
Jan 13, 2026	Tue	Regular Season	Corinth (Mountaineers)	7:00 PM		HS Gym		L
Jan 17, 2026	Sat	Regular Season (South Glens Falls JV Tourn)	Ballston Spa High School, TBD @ South Glens Falls	9:30 AM		SGFHS - Blue Gymnasium		L
Jan 21, 2026	Wed	Regular Season	@ Warrensburg (Warrensburg/Lake George)	6:00 PM		Warrensburg High School		L
Jan 26, 2026	Mon	Regular Season (JV Foothills Throwdown)	@ Hudson Falls	5:00 PM		Hudson Falls HS		L
Feb 2, 2026	Mon	Regular Season (JV League Multi Team Event)	Granville (Granville-Whitehall) @ Hadley-Luzerne	5:00 PM		Hadley-Luzerne Jr Sr High School Gym		L

Date: 2025-12-15