



# Salem

## (B) JV Wrestling (Salem-Cambridge)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 25, 2024	Mon	Practice	N/A	3:35 PM	5:25 PM	TBD			
Nov 26, 2024	Tue	Practice	N/A	3:35 PM	5:25 PM	TBD			
Nov 27, 2024	Wed	Practice	N/A	9:00 AM	10:45 AM	TBD			
Nov 29, 2024	Fri	Practice	N/A	9:00 AM	10:45 AM	TBD			
Dec 2, 2024	Mon	Practice	N/A	3:35 PM	5:25 PM	TBD			
Dec 3, 2024	Tue	Practice	N/A	3:35 PM	5:25 PM	TBD			
Dec 5, 2024	Thu	Practice	N/A	3:35 PM	5:25 PM	TBD			
Dec 6, 2024	Fri	Practice	N/A	3:35 PM	5:25 PM	TBD			
Dec 7, 2024	Sat	Regular Season (Burnt Hills JV Tournament )	Saratoga Springs High School, Shenendehowa High School, Schenectady High School (JV Wrestling), Colonie High School, Albany High School, Hudson Falls, Warrensburg (Warrensburg/Lake George), Shaker High School @ Burnt Hills-Ballston Lake HS	10:00 AM	8:00 PM	BH-BL HS Gym			NL
Dec 14, 2024	Sat	Regular Season (Ballston Spa JV Tournament )	@ Ballston Spa High School	9:30 AM		Ballston Spa High School Gym	<b>Bus/Driver:</b> CAMBRIDGE		L
Dec 17, 2024	Tue	Regular Season	Hadley-Luzerne	6:00 PM		HS Gym			L
Dec 21, 2024	Sat	Regular Season (Niskayuna JV Tournament )	Saratoga Springs High School, Shenendehowa High School, Schenectady High School (JV Wrestling), Colonie High School, Ballston Spa High School, Shaker High School, Scotia-Glenville @ Niskayuna High School	10:00 AM		NHS NEW GYM			NL
Dec 27, 2024	Fri	Regular Season (Queensbury JV Tournament )	@ Shenendehowa High School	10:00 AM		Queensbury High School			L
Jan 15, 2025	Wed	Regular Season (@Salem-Cambridge)	Warrensburg (Warrensburg/Lake George)	6:00 PM		Salem High School			NL
Jan 18, 2025	Sat	Regular Season (Roxanne Weller Memorial JV Tournament)	Hudson Falls, Ballston Spa High School @ South Glens Falls	9:30 AM		SGFHS - Blue Gymnasium	<b>Bus/Driver:</b> CAMBRIDGE		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 28, 2025	Tue	Regular Season (Foothills JV Throwdown)	Whitehall (Granville/Whitehall), South Glens Falls, Queensbury, Scotia-Glenville, Amsterdam (Amsterdam), Warrensburg (Warrensburg/Lake George), Schuylerville (Schuylerville/Greenwich), Glens Falls @ Hudson Falls	5:00 PM		Hudson Falls HS			NL
Jan 28, 2025	Tue	Regular Season (Foothills Throwdown )	@ TBD	5:00 PM		Hudson Falls HS	<b>Bus/Driver:</b> CAMBRIDGE		L
Feb 3, 2025	Mon	Regular Season (Adk League JV Multi-meet)	Granville (Granville-Whitehall), Warrensburg (Warrensburg/Lake George) @ Hadley-Luzerne	4:30 PM		Hadley-Luzerne Jr Sr High School Gym			NL

Date: 2025-12-15