



Salem

(B) JV Wrestling (Salem-Cambridge)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 28, 2022	Mon	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Nov 29, 2022	Tue	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Nov 30, 2022	Wed	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 1, 2022	Thu	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 2, 2022	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		
Dec 3, 2022	Sat	Regular Season (Tournament)	Shenendehowa High School, Warrensburg (Warrensburg/Lake George), Colonie High School, Saratoga Springs High School @ Burnt Hills-Ballston Lake HS	10:00 AM		BH-BL HS Gym		NL
Dec 3, 2022	Sat	Regular Season (Burnt Hills JV Tournament)	TBD	9:00 PM		BH- BL HS	Departure Date: Dec 3, 2022 Departure Time: 6:45 AM	NL
Dec 5, 2022	Mon	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 6, 2022	Tue	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 7, 2022	Wed	Regular Season	@ Granville (Granville)	6:00 PM		Granville High School-Senior High Gym		L
Dec 8, 2022	Thu	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 9, 2022	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		
Dec 10, 2022	Sat	Regular Season (Ballston Spa JV Tournament)	@ Ballston Spa High School	9:30 AM		Ballston Spa High School Gym	Departure Date: Dec 10, 2022 Departure Time: 6:45 AM	NL
Dec 12, 2022	Mon	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 14, 2022	Wed	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 15, 2022	Thu	Regular Season (Mod JV V)	Warrensburg (Warrensburg/Lake George)	6:00 PM		Salem High School		L
Dec 16, 2022	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		

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Dec 17, 2022	Sat	Regular Season (JV Tournament)	Shenendehowa High School, Ballston Spa High School, Shaker High School, Colonie High School, Saratoga Springs High School, Guilderland High School, Scotia-Glenville @ Niskayuna High School	10:00 AM		High School		L
Dec 19, 2022	Mon	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 20, 2022	Tue	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 21, 2022	Wed	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Dec 23, 2022	Fri	Practice	N/A	9:00 PM	10:45 PM	Salem High School		
Dec 27, 2022	Tue	Practice	N/A	9:00 AM	10:45 AM	Salem High School		
Dec 28, 2022	Wed	Practice	N/A	9:00 AM	10:45 AM	Salem High School		
Dec 29, 2022	Thu	Practice	N/A	9:00 AM	10:45 AM	Salem High School		
Dec 30, 2022	Fri	Practice	N/A	9:00 AM	10:45 AM	Salem High School		
Jan 3, 2023	Tue	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Jan 4, 2023	Wed	Practice	N/A	3:35 PM	5:20 PM	Salem High School		
Jan 5, 2023	Thu	Regular Season	@ Hadley-Luzerne (Coed)	6:00 PM		Hadley-Luzerne Jr Sr High School Gym		L
Jan 6, 2023	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		
Jan 9, 2023	Mon	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Jan 10, 2023	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Jan 12, 2023	Thu	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Jan 13, 2023	Fri	Practice	N/A	3:00 PM	4:25 PM	Salem High School		
Jan 14, 2023	Sat	Regular Season (Roxanne Weller Tourney)	Warrensburg (Warrensburg/Lake George), Queensbury, Niskayuna High School, Hadley-Luzerne (Coed) @ South Glens Falls	9:30 AM		South Glens Falls HS		NL
Jan 16, 2023	Mon	Practice	N/A	9:00 AM	10:45 AM	Salem High School		
Jan 17, 2023	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Jan 19, 2023	Thu	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Jan 20, 2023	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		
Jan 24, 2023	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Jan 27, 2023	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		
Jan 30, 2023	Mon	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Jan 31, 2023	Tue	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Feb 2, 2023	Thu	Practice	N/A	3:35 PM	5:25 PM	Salem High School		
Feb 3, 2023	Fri	Practice	N/A	3:00 PM	4:45 PM	Salem High School		

Date: 2024-04-27