



# Salem

## (B) V Wrestling (Salem-Cambridge)

### Coaches:

- Frank Fronhofer, Head Coach
- Trevor LeBlanc, Asst Coach
- Christopher Fronhofer, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 22, 2021	Mon	Practice	N/A	3:30 PM	5:30 PM	Auditorium		
Feb 23, 2021	Tue	Practice	N/A	3:30 PM	5:30 PM	Auditorium		
Feb 24, 2021	Wed	Practice	N/A	3:30 PM	5:30 PM	Auditorium		
Feb 25, 2021	Thu	Practice	N/A	3:30 PM	5:30 PM	Auditorium		
Feb 26, 2021	Fri	Practice	N/A	3:30 PM	5:30 PM	Auditorium		
Feb 27, 2021	Sat	Practice	N/A	9:00 AM	11:00 AM	Auditorium		
Mar 4, 2021	Thu	Scrimmage	Hadley-Luzerne	6:00 PM	8:00 PM	HS Gym		NL
Mar 6, 2021	Sat	Regular Season	Tamarac	3:00 PM	5:00 PM	HS Gym		NL
Mar 8, 2021	Mon	Regular Season	Ballston Spa High School	7:00 PM		HS Gym		NL
Mar 9, 2021	Tue	Regular Season	Hoosick Falls	6:00 PM	9:00 PM	HS Gym		L
Mar 9, 2021	Tue	Regular Season	Warrensburg (Warrensburg/Lake George)	7:00 PM	9:00 PM	HS Gym		NL

Date: 2025-12-06