



Salem

(B) V Outdoor Track (Cambridge-Salem)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 13, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Salem High School			
Mar 14, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Salem High School			
Mar 15, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Salem High School			
Mar 16, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Salem High School			
Mar 17, 2023	Fri	Practice	N/A	2:45 PM	4:15 PM	Salem High School			
Mar 20, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Salem High School			
Mar 21, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Salem High School			
Mar 22, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Salem High School			
Mar 23, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Salem High School			
Mar 24, 2023	Fri	Practice	N/A	2:30 PM	4:00 PM	Salem High School			
Mar 27, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	Salem High School			
Mar 28, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	Salem High School			
Mar 29, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	Salem High School			
Mar 30, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Salem High School			
Mar 31, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	Salem High School			
Apr 3, 2023	Mon	Practice	N/A	TBD	5:15 PM	Salem High School			
Apr 4, 2023	Tue	Practice	N/A	TBD	5:15 PM	Salem High School			
Apr 5, 2023	Wed	Practice	N/A	TBD	5:15 PM	Salem High School			
Apr 6, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	Salem High School			
Apr 11, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Salem High School			
Apr 13, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Salem High School			
Apr 17, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Salem High School			
Apr 18, 2023	Tue	Regular Season	Warrensburg	4:00 PM		TBD			L
Apr 19, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Salem High School			
Apr 20, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Salem High School			
Apr 21, 2023	Fri	Practice	N/A	2:30 PM	4:00 PM	Salem High School			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 24, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Apr 25, 2023	Tue	Regular Season	@ Lake George	4:30 PM		Lake George Elementary School - #8 Track		L
Apr 26, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Apr 27, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Salem High School		
Apr 28, 2023	Fri	Practice	N/A	2:30 PM	4:00 PM	Salem High School		
May 1, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 2, 2023	Tue	Regular Season	Whitehall	4:00 PM		TBD		L
May 3, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 5, 2023	Fri	Practice	N/A	2:30 PM	4:00 PM	McGuire Meadows		
May 8, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 9, 2023	Tue	Regular Season	Granville @ Corinth (Corinth/HL)	4:00 PM		Corinth Elementary		L
May 10, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 11, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 12, 2023	Fri	Practice	N/A	2:30 PM	4:00 PM	TBD		
May 15, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 16, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 17, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 18, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	McGuire Meadows		
May 19, 2023	Fri	Regular Season (Schuylerville Classic)	@ Schuylerville	3:45 PM		Schuylerville High School	Bus/Driver: Salem High School Class Dismissal: 2:20 PM	NL
May 20, 2023	Sat	Regular Season (Adirondack League Championships)	Corinth (Corinth/HL), Whitehall, Warrensburg, Granville @ Lake George	1:00 PM		Lake George Elementary School - #8 Track		L

Date: 2025-12-17