



Salem

(B) V Outdoor Track

Coaches:

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------------|-------------|------------|----------|-------------------|-----------|----------------|---------------------|
| Mar 11, 2024 | Mon | Practice | N/A | 3:15 PM | 5:00 PM | Salem High School | | | |
| Mar 12, 2024 | Tue | Practice | N/A | 3:15 PM | 5:00 PM | Salem High School | | | |
| Mar 13, 2024 | Wed | Practice | N/A | 3:15 PM | 5:00 PM | Salem High School | | | |
| Mar 14, 2024 | Thu | Practice | N/A | 3:15 PM | 5:00 PM | Salem High School | | | |
| POSTPONED Mar 15, 2024 | Fri | Practice | N/A | 2:40 PM | 4:10 PM | Salem High School | | | |
| Mar 18, 2024 | Mon | Practice | N/A | 3:15 PM | 5:00 PM | Salem High School | | | |
| Mar 19, 2024 | Tue | Practice | N/A | 3:15 PM | 5:00 PM | Salem High School | | | |
| Mar 20, 2024 | Wed | Practice | N/A | 3:15 PM | 5:00 PM | Salem High School | | | |
| Mar 21, 2024 | Thu | Practice | N/A | 3:15 PM | 5:00 PM | Salem High School | | | |
| Mar 22, 2024 | Fri | Practice | N/A | 2:40 PM | 4:10 PM | Salem High School | | | |
| Mar 25, 2024 | Mon | Practice | N/A | 3:15 PM | 5:00 PM | Salem High School | | | |
| Mar 26, 2024 | Tue | Practice | N/A | 3:15 PM | 5:00 PM | Salem High School | | | |
| Mar 27, 2024 | Wed | Practice | N/A | 3:15 PM | 5:00 PM | Salem High School | | | |
| Mar 28, 2024 | Thu | Practice | N/A | 2:30 PM | 4:00 PM | Salem High School | | | |
| Mar 29, 2024 | Fri | Practice | N/A | 9:00 AM | 11:00 AM | Salem High School | | | |
| Mar 29, 2024 | Fri | Practice | N/A | 2:40 PM | 4:10 PM | Salem High School | | | |
| Apr 2, 2024 | Tue | Practice | N/A | 4:00 PM | 5:00 PM | Salem High School | | | |
| Apr 4, 2024 | Thu | Practice | N/A | 4:00 PM | 5:00 PM | Salem High School | | | |
| Apr 10, 2024 | Wed | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |
| Apr 11, 2024 | Thu | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |
| Apr 11, 2024 | Thu | Regular Season | Lake George | 4:30 PM | | Salem High School | | | L |
| Apr 12, 2024 | Fri | Practice | N/A | 2:30 PM | 4:00 PM | McGuire Meadows | | | |
| Apr 15, 2024 | Mon | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |
| Apr 16, 2024 | Tue | Regular Season | Granville | 4:00 PM | | TBD | | | L |
| Apr 17, 2024 | Wed | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |
| Apr 18, 2024 | Thu | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |

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|--------------|----------|--|---|------------|----------|-----------------------------|---|---|---------------------|
| Apr 19, 2024 | Fri | Practice | N/A | 2:30 PM | 4:00 PM | McGuire Meadows | | | |
| Apr 20, 2024 | Sat | Regular Season (Stillwater "Rockin' Relays") | @ Stillwater | 9:00 AM | | Track | | Departure Date: Apr 20, 2024 Departure Time: 7:35 AM | NL |
| Apr 22, 2024 | Mon | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |
| Apr 23, 2024 | Tue | Regular Season | @ Whitehall | 4:00 PM | | Whitehall Jr/Sr High School | | | L |
| Apr 24, 2024 | Wed | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |
| Apr 25, 2024 | Thu | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |
| Apr 26, 2024 | Fri | Practice | N/A | 2:40 PM | 4:10 PM | McGuire Meadows | | | |
| Apr 27, 2024 | Sat | Regular Season (Maple Hill Track Invitational) | @ Maple Hill | 10:00 AM | | Maple Hill HS | Bus/Driver: Salem High School | Departure Date: Apr 27, 2024 Departure Time: 8:00 AM | NL |
| Apr 29, 2024 | Mon | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |
| Apr 30, 2024 | Tue | Regular Season | Warrensburg | 4:00 PM | | TBD | | | L |
| May 1, 2024 | Wed | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |
| May 2, 2024 | Thu | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |
| May 3, 2024 | Fri | Regular Season (Fonda-Fultonville Invitational) | @ Fonda-Fultonville | 4:00 PM | | Fonda-Fultonville HS | | Departure Date: May 3, 2024 Departure Time: 1:30 PM | NL |
| May 6, 2024 | Mon | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |
| May 7, 2024 | Tue | Regular Season | @ Corinth (Corinth/HL) | 4:00 PM | | TBD | | | L |
| May 8, 2024 | Wed | Practice | N/A | 3:15 PM | 5:00 PM | McGuire Meadows | | | |
| May 9, 2024 | Thu | Regular Season (Bemus Invitational) | @ Greenwich | 3:00 PM | | Track | | Departure Date: May 9, 2024 Departure Time: 1:45 PM | NL |
| May 10, 2024 | Fri | Practice | N/A | 2:40 PM | 4:10 PM | McGuire Meadows | | | |
| May 14, 2024 | Tue | Regular Season (Adirondack League Championships) | Warrensburg, Corinth (Corinth/HL), Lake George, Whitehall @ Granville | 3:00 PM | | Sam Eppolito Track Complex | | | L |
| May 17, 2024 | Fri | Regular Season (Schuylerville Classic) | Schuylerville | 3:45 PM | | Schuylerville High School | Bus/Driver: Salem High School Class Dismissal: 2:20 PM | Departure Date: May 17, 2024 Departure Time: 2:15 PM | NL |