



# South Jefferson

## (B) V Wrestling

### Coaches:

- Pat Conners, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 2, 2025	Tue	Regular Season	@ Watertown	6:00 PM		Watertown Case M S		L
Dec 6, 2025	Sat	Regular Season (Anderson Tournament )	Amsterdam (Amsterdam), Auburn, Chittenango, Kenmore West (Kenmore), Lansing (Co-ed), Little Falls, MILLBROOK HIGH, Vernon-Verona-Sherrill, Watertown, West Genesee, Windsor, Fairport, Honeoye Falls-Lima @ Cicero-North Syracuse	7:00 AM	7:00 PM	CNS HS-Main Gym		NL
Dec 10, 2025	Wed	Regular Season	General Brown	6:30 PM		SJ HS/MS Gym 2 (HS)		L
Dec 13, 2025	Sat	Regular Season	@ Duanesburg	9:00 AM		Duanesburg M/HS		L
Dec 17, 2025	Wed	Regular Season	@ Lowville	6:30 PM		Lowville High School		L
Dec 29, 2025	Mon	Regular Season (Windsor Tournament)	@ TBD	TBD		TBD		NL
Jan 7, 2026	Wed	Regular Season	Beaver River	6:30 PM		SJ HS/MS Gym 2 (HS)		L
Jan 9, 2026	Fri	Regular Season (Eastern States)	@ TBD	TBD		TBD		NL
Jan 14, 2026	Wed	Regular Season	Carthage	6:30 PM		SJ HS/MS Gym 2 (HS)		L
Jan 24, 2026	Sat	Regular Season (Liverpool Legends Daul)	@ TBD	TBD		Liverpool HS		NL
Jan 27, 2026	Tue	Regular Season	@ Copenhagen	6:00 PM		Copenhagen Central School		L
Jan 31, 2026	Sat	Regular Season (Frontier League Tournament)	Carthage, Watertown, South Lewis, Beaver River, Lowville, Copenhagen, General Brown @ Indian River	10:00 AM		Indian River Middle School Gym #2 (Center), Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #3 (Pool Side)		L

Date: 2025-12-05