



# South Jefferson

## (B) MOD7/8/9 Swimming/Diving

### Coaches:

- Benita Cataldo, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
POSTPONED Nov 2, 2023	Thu	Regular Season (Modified Playday)	Watertown, Indian River, Lowville, Gouverneur @ Carthage	5:00 PM	8:00 PM	TBD		L
POSTPONED Nov 9, 2023	Thu	Regular Season	@ Gouverneur	5:00 PM		Gouverneur HS		L
Nov 14, 2023	Tue	Regular Season	Lowville	5:00 PM		SJ HS/MS - Pool		L
Nov 16, 2023	Thu	Regular Season 64-35 W	Carthage	5:00 PM		SJ HS/MS - Pool		L
Nov 20, 2023	Mon	Regular Season	@ Indian River	5:00 PM	7:00 PM	Middle School Pool		L
Dec 1, 2023	Fri	Regular Season	Watertown, Gouverneur	5:00 PM		SJ HS/MS - Pool		L
Dec 4, 2023	Mon	Regular Season 85-34 W	@ Carthage	5:00 PM		Carthage HS Pool		L
Dec 7, 2023	Thu	Regular Season	Indian River	4:30 PM		SJ HS/MS - Pool		L
Dec 11, 2023	Mon	Regular Season (Modified Conclusion Playday (Diving Starts at 4:30))	Watertown, Indian River, Lowville, Gouverneur, Carthage	5:00 PM	8:00 PM	SJ HS/MS - Pool		L
Dec 13, 2023	Wed	Regular Season	@ Watertown	5:00 PM	8:00 PM	Watertown H S		L

Date: 2025-12-06