



South Jefferson

(B) V Swimming/Diving

Coaches:

- Paul Gaede Jr., Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 5, 2025	Fri	Regular Season	@ Gouverneur	5:30 PM		TBD		L
Dec 9, 2025	Tue	Regular Season 83-53-98 L	Carthage, Mexico	5:00 PM		SJ HS/MS - Pool		L
Dec 13, 2025	Sat	Meet (Indian River Swimming Invitational)	Vs. Multiple	11:00 AM	4:00 PM	Middle School Pool, Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)		NL
Dec 18, 2025	Thu	Regular Season	@ Lowville	5:30 PM		Lowville High School Main Gym		L
Dec 19, 2025	Fri	Regular Season (Christmas Relays)	Indian River, Watertown, Carthage @ Lowville	5:00 PM		Lowville High School Main Gym		L
Jan 6, 2026	Tue	Regular Season	@ Mexico	5:00 PM	6:55 PM	Mexico HS-Pool		L
Jan 8, 2026	Thu	Regular Season	Gouverneur	5:00 PM	6:55 PM	SJ HS/MS - Pool		L
Jan 13, 2026	Tue	Regular Season	@ Indian River	5:00 PM	6:30 PM	Middle School Pool		L
Jan 15, 2026	Thu	Regular Season	@ Watertown	5:00 PM		Watertown H S		L
Jan 20, 2026	Tue	Regular Season	Lowville	5:00 PM		SJ HS/MS - Pool		L
Jan 27, 2026	Tue	Regular Season	Watertown	5:00 PM	7:00 PM	SJ HS/MS - Pool		NL

Date: 2025-12-17