



# South Jefferson

## (B) V Swimming/Diving

### Coaches:

- Paul Gaede Jr., Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
POSTPONED Dec 3, 2024	Tue	Regular Season	Lowville	5:30 PM		SJ HS/MS - Pool		L
Dec 5, 2024	Thu	Regular Season	Indian River @ Gouverneur	5:30 PM		Gouverneur HS		L
Dec 7, 2024	Sat	Meet (Indian River Swimming Invitational)	Vs. Multiple	11:00 AM	3:00 PM	Middle School Pool		NL
Dec 10, 2024	Tue	Regular Season 116-38 W	@ Carthage	5:00 PM		Carthage HS Pool		L
Dec 16, 2024	Mon	Regular Season	@ Lowville	5:00 PM		Lowville High School Main Gym		L
Dec 19, 2024	Thu	Regular Season 95-83 W	@ Mexico	5:00 PM		Mexico HS-Pool		L
Jan 7, 2025	Tue	Regular Season	Gouverneur	5:00 PM		SJ HS/MS - Pool		L
Jan 9, 2025	Thu	Regular Season	Indian River	5:00 PM	6:30 PM	SJ HS/MS - Pool		L
Jan 14, 2025	Tue	Regular Season	@ Watertown	5:00 PM		Watertown H S		L
Jan 16, 2025	Thu	Regular Season (League Diving Championships)	Watertown, Carthage, Lowville, Gouverneur, Mexico	5:00 PM		SJ HS/MS - Pool		L
Jan 18, 2025	Sat	Regular Season (League Championship Meet)	Carthage, Lowville, Gouverneur, Mexico, Indian River @ Watertown		11:00 AM	Watertown H S		L
Jan 23, 2025	Thu	Regular Season 89-91 L	@ Mexico	5:00 PM		Mexico HS-Pool		L
Jan 25, 2025	Sat	Regular Season (Watertown Invitational)	Indian River, Carthage, Lowville, Gouverneur @ Watertown		11:00 AM	Watertown H S		L
Jan 28, 2025	Tue	Regular Season	Carthage	5:00 PM		SJ HS/MS - Pool		L

Date: 2026-02-10