



South Jefferson (B) V Swimming/Diving

Coaches:

- Paul Gaede Jr., Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 5, 2023	Tue	Regular Season	@ Gouverneur	5:00 PM		Gouverneur HS		L
Dec 9, 2023	Sat	Regular Season (IR Invitational)	Watertown, Lowville, Gouverneur @ Indian River	11:00 AM		Middle School Pool		L
Dec 9, 2023	Sat	Meet (Indian River Invitational)	Vs. Multiple	11:00 AM	4:00 PM	Middle School Pool, Indian River Middle School Gym #3 (Pool Side)		NL
Dec 15, 2023	Fri	Regular Season	Carthage	5:00 PM		SJ HS/MS - Pool		L
Dec 18, 2023	Mon	Regular Season	@ Indian River	5:00 PM	6:30 PM	Middle School Pool		L
Dec 21, 2023	Thu	Regular Season	@ Lowville	5:00 PM		Lowville High School Main Gym		L
Jan 4, 2024	Thu	Regular Season	Gouverneur	5:00 PM		SJ HS/MS - Pool		L
Jan 4, 2024	Thu	Regular Season	Watertown, Gouverneur	5:00 PM		SJ HS/MS - Pool		L
POSTPONED Jan 11, 2024	Thu	Regular Season	Mexico, Watertown	5:00 PM		SJ HS/MS - Pool		NL
Jan 19, 2024	Fri	Regular Season (League Diving Championships)	Watertown, Carthage, Indian River, Lowville, Gouverneur	5:00 PM		SJ HS/MS - Pool		L
Jan 20, 2024	Sat	Regular Season (League Championship Meet)	Watertown, Carthage, Lowville, Gouverneur @ Indian River	11:00 AM		Middle School Pool		L
Jan 23, 2024	Tue	Regular Season	Lowville	5:00 PM		SJ HS/MS - Pool		L
Jan 27, 2024	Sat	Regular Season (Watertown Invitational)	Gouverneur, Indian River, Carthage, Lowville @ Watertown	11:00 PM		Watertown H S		L

Date: 2026-01-31