



South Jefferson

(B) V Swimming/Diving

Coaches:

- Paul Gaede Jr., Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 30, 2021	Tue	Regular Season	Lowville @ Indian River	5:30 PM		Middle School Pool		L
Dec 7, 2021	Tue	Regular Season 100-78 W	@ Carthage	5:00 PM		Carthage HS Pool		L
Dec 9, 2021	Thu	Regular Season	@ Lowville	5:00 PM		Lowville High School Main Gym		L
Dec 14, 2021	Tue	Regular Season	@ Watertown	5:00 PM		Watertown HS		L
Jan 3, 2022	Mon	Scrimmage	Watertown @ Lowville	5:00 PM	7:00 PM	Lowville High School Main Gym		L
Jan 11, 2022	Tue	Regular Season	Watertown	4:30 PM		SJ HS/MS - Pool		L
Jan 13, 2022	Thu	Regular Season	Gouverneur, Carthage	5:00 PM		SJ HS/MS - Pool		L
Jan 15, 2022	Sat	Regular Season (Indian River Swim Invitational)	Watertown, Carthage, Gouverneur, Lowville, Canton @ Indian River	11:00 AM		Middle School Pool		NL
Jan 18, 2022	Tue	Regular Season	Indian River	5:00 PM		SJ HS/MS - Pool		L
Jan 20, 2022	Thu	Post-Season (Frontier League Diving Championship)	Watertown, Indian River	5:00 PM		SJ HS/MS - Pool		L
Jan 22, 2022	Sat	Post-Season (Frontier League Championship Meet)	Gouverneur, Lowville, Watertown, Carthage @ Indian River	11:00 AM		Middle School Pool		L
Jan 24, 2022	Mon	Regular Season	@ Gouverneur	5:30 PM		Gouverneur HS		L
Jan 27, 2022	Thu	Regular Season	Lowville @ Watertown	5:00 PM		Watertown HS		L

Date: 2026-01-30