



South Jefferson

(B) V Swimming/Diving

Coaches:

- Paul Gaede Jr., Head Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|---|----------------|---------------------|
| Dec 5, 2023 | Tue | Regular Season | @ Gouverneur | 5:00 PM | | Gouverneur HS | | L |
| Dec 9, 2023 | Sat | Regular Season (IR Invitational) | Watertown, Lowville, Gouverneur @ Indian River | 11:00 AM | | Middle School Pool | | L |
| Dec 9, 2023 | Sat | Meet (Indian River Invitational) | Vs. Multiple | 11:00 AM | 4:00 PM | Middle School Pool, Indian River Middle School Gym #3 (Pool Side) | | NL |
| Dec 18, 2023 | Mon | Regular Season | @ Indian River | 5:00 PM | 6:30 PM | Middle School Pool | | L |
| Dec 21, 2023 | Thu | Regular Season | @ Lowville | 5:00 PM | | Lowville High School | | L |
| Jan 20, 2024 | Sat | Regular Season (League Championship Meet) | Watertown, Carthage, Lowville, Gouverneur @ Indian River | 11:00 AM | | Middle School Pool | | L |
| Jan 27, 2024 | Sat | Regular Season (Watertown Invitational) | Gouverneur, Indian River, Carthage, Lowville @ Watertown | 11:00 PM | | Watertown H S | | L |

Date: 2024-04-26