



South Jefferson

(G) V Swimming/Diving

Coaches:

- Pat Conners, Head Coach
- Leah Conners, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 4, 2025	Thu	Regular Season	@ South Lewis	5:15 PM		South Lewis High School Pool		L
Sep 9, 2025	Tue	Regular Season	@ Indian River	5:00 PM	7:00 PM	Middle School Pool		L
Sep 11, 2025	Thu	Regular Season	Mexico, Watertown	5:00 PM		SJ HS/MS - Pool		L
Sep 18, 2025	Thu	Regular Season	Beaver River	5:00 PM		SJ HS/MS - Pool		L
Sep 20, 2025	Sat	Regular Season (A Invitational)	Indian River, Carthage, Mexico, Thousand Islands @ Watertown	11:00 AM		Watertown High School Pool		L
Sep 25, 2025	Thu	Regular Season	@ Lowville	5:00 PM		Lowville High School		L
Sep 30, 2025	Tue	Regular Season 99-69 W	Carthage	5:00 PM		SJ HS/MS - Pool		L
Oct 7, 2025	Tue	Regular Season	@ Mexico	5:30 PM		Mexico HS-Pool		L
Oct 9, 2025	Thu	Regular Season	Indian River	5:00 PM		SJ HS/MS - Pool		L
Oct 14, 2025	Tue	Regular Season	Thousand Islands	5:00 PM		SJ HS/MS - Pool		L
Oct 16, 2025	Thu	Regular Season	@ Watertown	5:00 PM		Watertown High School Pool		L
Oct 21, 2025	Tue	Regular Season 101-74 W	@ Carthage	5:00 PM		Carthage HS Pool		L
Oct 25, 2025	Sat	Regular Season (League Championship Meet)	Carthage, Mexico, Lowville, Thousand Islands, Beaver River, South Lewis, Watertown @ Indian River	11:00 AM		Middle School Pool, Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Mezzanine		L
Oct 28, 2025	Tue	Regular Season (One More Try Meet)	Carthage, Mexico, Thousand Islands @ Watertown	10:00 AM		TBD		L
Nov 1, 2025	Sat	Meet (Diving Class Meet)	Vs. Multiple	10:00 AM		Nottingham High School Pool		NL

Date: 2025-12-05