



South Jefferson

(G) V Swimming/Diving

Coaches:

- Pat Conners, Head Coach
- Leah Conners, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 5, 2023	Tue	Regular Season 101-81 W	@ Carthage	5:30 PM		Carthage HS Pool		L
Sep 7, 2023	Thu	Regular Season	@ Watertown	6:00 PM	8:00 PM	Watertown H S		L
Sep 12, 2023	Tue	Regular Season	@ South Lewis	5:30 PM		South Lewis High School Pool		L
Sep 14, 2023	Thu	Regular Season	Thousand Islands	5:00 PM		SJ HS/MS - Pool		L
Sep 19, 2023	Tue	Regular Season	Beaver River	5:45 PM		SJ HS/MS - Pool		L
Sep 21, 2023	Thu	Regular Season	@ Lowville	5:00 PM		Lowville High School		L
Sep 23, 2023	Sat	Regular Season (Invitational)	Indian River, Thousand Islands, South Lewis, Beaver River, Lowville @ Watertown	11:00 AM	8:00 PM	Watertown H S		L
Sep 26, 2023	Tue	Regular Season	@ Indian River	5:00 PM		Middle School Pool		L
Sep 28, 2023	Thu	Regular Season	Carthage	5:00 PM		SJ HS/MS - Pool		L
Oct 3, 2023	Tue	Regular Season	Watertown	5:00 PM		SJ HS/MS - Pool		L
Oct 5, 2023	Thu	Regular Season	Indian River	5:00 PM		SJ HS/MS - Pool		L
Oct 13, 2023	Fri	Regular Season (League Diving Meet)	Watertown, Carthage, Thousand Islands, Beaver River @ Lowville	5:00 PM		Lowville High School		L
Oct 16, 2023	Mon	Regular Season	Beaver River, Thousand Islands	5:45 PM		SJ HS/MS - Pool		NL
Oct 21, 2023	Sat	Regular Season (Legaeue Meet)	Carthage, Thousand Islands, South Lewis, Beaver River, Lowville, Indian River @ Watertown	11:00 AM		Middle School Pool, Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Mezzanine		L

Date: 2025-12-05