



South Jefferson

(G) V Swimming/Diving

Coaches:

- Pat Conners, Head Coach
- Leah Conners, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 1, 2022	Thu	Regular Season	Indian River	5:00 PM		SJ HS/MS - Pool		L
Sep 6, 2022	Tue	Regular Season 101-71 W	@ Carthage	5:30 PM		Carthage HS Pool		L
Sep 8, 2022	Thu	Regular Season	@ Watertown	5:30 PM		Watertown HS		L
Sep 13, 2022	Tue	Regular Season	@ South Lewis	5:00 PM	8:00 PM	South Lewis High School Pool		L
Sep 15, 2022	Thu	Regular Season	Thousand Islands	5:00 PM	8:00 PM	SJ HS/MS - Pool		L
Sep 22, 2022	Thu	Regular Season	@ Lowville	5:00 PM		Lowville High School Main Gym		L
Sep 24, 2022	Sat	Regular Season (League Invitational)	Carthage, Indian River, Lowville, Thousand Islands, Beaver River @ Watertown	11:00 AM		Watertown HS		L
Sep 27, 2022	Tue	Regular Season	@ Indian River	5:00 PM		Middle School Pool		L
Sep 29, 2022	Thu	Regular Season 96-73 W	Carthage	5:00 PM		SJ HS/MS - Pool		L
Oct 4, 2022	Tue	Regular Season	Watertown	5:00 PM		SJ HS/MS - Pool		L
Oct 6, 2022	Thu	Regular Season	Beaver River	5:30 PM	8:00 PM	SJ HS/MS - Pool		L
Oct 14, 2022	Fri	Regular Season (A Div. Diving Meet)	Carthage, Watertown, Indian River @ Lowville	5:00 PM		Lowville High School Main Gym		L
Oct 22, 2022	Sat	Regular Season (A/B Div. Swim Meet)	Carthage, Watertown, Lowville, Beaver River, Thousand Islands, South Lewis @ Indian River	11:00 AM		Middle School Pool		L
Nov 2, 2022	Wed	Post-Season (Section III Class Meet)	@ TBD	3:00 PM		Nottingham High School (Pool)		NL
Nov 4, 2022	Fri	Regular Season (NYSPHSAA state qualifier)	@ TBD	5:00 PM		Nottingham High School (Pool)		NL

Date: 2025-12-19