



# South Jefferson

## (B) V Cross Country

### Coaches:

- Justin Crossway, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	Remsen (Remsen), Phoenix, Holland Patent, Tully, Cato- Meridian (Blue Devils), South Lewis, Adirondack, Whitesboro, Clinton, Waterville, Beaver River, Vernon-Verona- Sherrill, Notre Dame, Utica, Weedsport, Central Square, Rome Free Academy, Auburn, Canastota, Cazenovia, Christian Brothers Academy, Dewitt, Central Valley Academy, Chittenango, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius-Pompey, Fayetteville-Manlius, Homer, TBD, Indian River, Jamesville- Dewitt, Jordan-Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Nottingham (Nottingham), Oneida, Onondaga Central, Utica Proctor, Pulaski, Skaneateles, Watertown, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track		NL
Sep 17, 2024	Tue	Regular Season	Carthage @ Beaver River	5:00 PM		Beaver River H S		L
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invite)	@ TBD	TBD		Bville - Baker High School		NL
Sep 24, 2024	Tue	Regular Season	Indian River, General Brown	5:00 PM		SJ HS/MS - Cross Country Course		L
Sep 28, 2024	Sat	Regular Season (McQuaid Invitational)	@ TBD	TBD		TBD		NL
Oct 1, 2024	Tue	Regular Season	South Lewis, Watertown	5:00 PM		SJ HS/MS - Cross Country Course		L
Oct 5, 2024	Sat	Meet (Tully XC Invite )	Vs. Multiple	9:00 AM	2:00 PM	Tully XC Course		NL
Oct 8, 2024	Tue	Regular Season	Sandy Creek @ Thousand Islands	5:00 PM		Thousand Islands High School		L

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Oct 15, 2024	Tue	Regular Season	Beaver River, Watertown, Sandy Creek, Indian River, General Brown, South Lewis, Thousand Islands @ Carthage	3:30 PM		Carthage High School		L
Oct 19, 2024	Sat	Regular Season (Beaver River Invit.)	@ TBD	TBD		Beaver River H S		NL
Oct 22, 2024	Tue	Regular Season	Sandy Creek @ General Brown	5:00 PM	6:30 PM	General Brown High School		L

Date: 2026-01-02