

## Coaches:

• Justin Crossway, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2023	Wed	Regular Season	South Lewis @ Carthage	4:30 PM		Comet Field		L
Sep 16, 2023	Sat	Regular Season (VVS Invitational)	@ TBD	TBD		Cross Country Course		NL
Sep 19, 2023	Tue	Regular Season	General Brown @ Beaver River	5:00 PM	6:30 PM	Beaver River H S		L
Sep 23, 2023	Sat	Regular Season (Baldwinsville Invit)	@ TBD	TBD		Bville - Baker High School		NL
Sep 26, 2023	Tue	Regular Season	Sandy Creek, Thousand Islands	4:30 PM		SJ HS/MS - Cross Country Course		L
Sep 30, 2023	Sat	Regular Season (McQuaid Invitational)	TBD	TBD		TBD		NL
Oct 3, 2023	Tue	Regular Season	Indian River, Watertown	4:30 PM		SJ HS/MS - Cross Country Course		L
Oct 7, 2023	Sat	Regular Season (Tully Co-Ed Invitational)	Chittenango, Cortland, Fulton, Homer, Liverpool, Nottingham (Nottingham), Bishop Grimes, Bishop Ludden, Cincinnatus, Christian Brothers Academy, Dewitt, Faith Heritage, Livingston Manor, Manlius Pebble Hill, Marcellus, Mexico, Notre Dame, Utica, Pulaski, Westhill @ Tully	9:00 AM		Tully XC Course		NL
Oct 10, 2023	Tue	Regular Season (League Championships)	Carthage, Indian River, Beaver River, Thousand Islands, General Brown, Watertown, South Lewis, Sandy Creek	4:30 PM		SJ HS/MS - Cross Country Course		L
Nov 4, 2023	Sat	Post-Season (Section III Championships)	@ TBD	TBD		Cross Country Course		NL
Nov 11, 2023	Sat	Post-Season (NYSPHSAA Championship)	TBD	TBD		Cross Country Course		NL

Date: 2024-04-25