



# South Jefferson

## (G) V Cross Country

### Coaches:

- Justin Crossway, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON- LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	TBD, Adirondack, Auburn, Beaver River, Canastota, Cato- Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Central Square, Central Valley Academy, Chittenango, Clinton, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius- Pompey, Fayetteville- Manlius, Holland Patent, Homer, Indian River, Jamesville- Dewitt, Jordan-Elbridge, 8:00 Liverpool, Marcellus, AM 12:00 Mexico, New Hartford, Notre Dame, Utica, Nottingham (Nottingham), Oneida, Onondaga Central, Phoenix, Utica Proctor, Pulaski, Remsen, Rome Free Academy, Skaneateles, South Lewis, Tully, Vernon- Verona-Sherrill, Watertown, Whitesboro, Waterville, Weedsport, West Genesee, Westmoreland @ Mount Markham			HS Track	NL
Sep 17, 2024	Tue	Regular Season	Carthage @ Beaver River	5:00 PM		Beaver River H S	L
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invit)	@ TBD		TBD	Bville - Baker High School	NL
Sep 24, 2024	Tue	Regular Season	Indian River, General Brown	5:00 PM		SJ HS/MS - Cross Country Course	L
Sep 28, 2024	Sat	Regular Season (McQuaid Invitational)	@ TBD		TBD		NL
Oct 1, 2024	Tue	Regular Season	South Lewis, Watertown	5:00 PM		SJ HS/MS - Cross Country Course	L
Oct 5, 2024	Sat	Meet (Tully XC Invite )	Vs. Multiple	9:00 AM	2:00 PM	Tully XC Course	NL
Oct 8, 2024	Tue	Regular Season	Sandy Creek @ Thousand Islands	5:00 PM		Thousand Islands High School	L
Oct 15, 2024	Tue	Regular Season	Beaver River, Watertown, Sandy Creek, Indian River, General Brown, South Lewis, Thousand Islands @ Carthage	3:30 PM	6:30 PM	Carthage High School	L

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Oct 19, 2024	Sat	Regular Season (Beaver River Invit.)	@ TBD	TBD		Beaver River H S		NL
Oct 22, 2024	Tue	Regular Season	Sandy Creek High School @ General Brown	4:30 PM	7:00 PM	General Brown High School		L

Date: 2026-01-31