

Coaches:

• Justin Crossway, Head Coach

DATE	WEE! DAY	^K TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 14, 2022	Wed	Regular Season	South Lewis	5:00 PM		SJ HS/MS - Cross Country Course		L
Sep 20, 2022	Tue	Regular Season	Beaver River @ Thousand Islands	5:00 PM		Thousand Islands High School		L
Sep 27, 2022	Tue	Regular Season	Indian River @ Carthage	5:00 PM		Carthage High School		L
Oct 4, 2022	Tue	Regular Season	Sandy Creek @ Watertown	5:00 PM		Watertown H S		L
Oct 11, 2022	Tue	Regular Season (Frontier League Championships)	Thousand Islands, Carthage, Sandy Creek, Indian River, Watertown, Beaver River @ South Lewis	5:00 PM		South Lewis Cross Country Course		L
Oct 15, 2022	Sat	Regular Season	Homer, Bishop Grimes, Cazenovia, Chittenango, Cincinnatus, Cortland, Mexico, Manlius Pebble Hill, New York Mills, Notre Dame, Utica, Oneida, Sandy Creek, Trumansburg, Whitesboro, Sullivan West, Altmar-Parish- Williamstown (APW Rebels) @ Tully		2:00 PM	Tully H S		NL
Nov 5, 2022	Sat	Post-Season (Section III Class C Meet)	@ TBD	12:00 PM		Cross Country Course		NL

Date: 2025-12-16