

Coaches:

• Justin Crossway, Head Coach

| DATE | WEEK DAY | ⁽ TYPE | OPPONENTS | START END TIME TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|---|------------------------|---------------------------------------|----------------|----------------------------|
| Sep 26, 2023 | Tue | Regular Season | Sandy Creek, Thousand Islands | 4:30 PM | SJ HS/MS - Cross Country Course | | L |
| Sep 30, 2023 | Sat | Regular Season (McQuaid Invitational) | TBD | TBD | TBD | | NL |
| Oct 3, 2023 | Tue | Regular Season | Indian River, Watertown | 4:30 PM | SJ HS/MS - Cross Country Course | | L |
| Oct 10, 2023 | Tue | Regular Season (League Championships) | Carthage, Indian River, Beaver River, Thousand Islands, General Brown, Watertown, South Lewis, Sandy Creek | 4:30 PM | SJ HS/MS - Cross Country Course | | L |
| Nov 11, 2023 | Sat | Post-Season (NYSPHSAA Championship) | TBD | TBD | Cross Country Course | | NL |

Date: 2024-04-29