



# South Jefferson

## (B) 7/8TH Wrestling

### Coaches:

- Logan Whitmore, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
POSTPONED Jan 23, 2026	Fri	Regular Season	Watertown, Indian River, General Brown, Sandy Creek, Carthage, Beaver River, South Lewis @ Lowville	4:30 PM		Lowville High School Main Gym	L
Feb 2, 2026	Mon	Regular Season	Sandy Creek, Carthage, Indian River, Gouverneur @ Beaver River	5:30 PM		Beaver River E S	L
Feb 4, 2026	Wed	Regular Season	Carthage, Watertown, General Brown, Gouverneur, Copenhagen	4:30 PM		SJ HS/MS Gym 1 (MS)	L
Feb 6, 2026	Fri	Regular Season	Copenhagen, South Lewis, Beaver River, Gouverneur @ Lowville	4:30 PM		Lowville Lower Gym	L
Feb 11, 2026	Wed	Regular Season	Sandy Creek, General Brown, Watertown, Gouverneur @ Indian River	5:00 PM	8:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)	L
Feb 12, 2026	Thu	Regular Season	@ Gouverneur	5:30 PM		TBD	NL
Feb 25, 2026	Wed	Regular Season	General Brown, South Lewis, Watertown @ Carthage	4:30 PM		Carthage HS Gym	L
Mar 3, 2026	Tue	Regular Season	Indian River, Watertown	5:00 PM	8:00 PM	SJ HS/MS Gym 2 (HS)	L
Mar 7, 2026	Sat	Regular Season	Copenhagen, Watertown, General Brown, Carthage, South Lewis, Lowville, Beaver River, Sandy Creek @ Indian River	9:00 AM		Indian River Middle School Gym#1 (Main Office)	L

Date: 2026-02-14