

Tappan Zee HS

(G) V Cross Country

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2022	Fri	Regular Season	TBD @ Monroe-Woodbury	12:00 AM		Monroe-Woodbury HS	Bus/Driver: Brega	Departure Point: Tennis Courts Departure Time: 1:45 PM	L
Sep 2, 2022	Fri	Regular Season	TBD @ Monroe-Woodbury	TBD		TBD	Bus/Driver: Brega	Departure Point: Tennis Courts Departure Time: 1:45 PM	L
Sep 10, 2022	Sat	Regular Season (21st Somers big Red Invitational)	@ Somers	8:00 AM		Somers HS	Bus/Driver: Brega	Departure Point: Tennis Courts Departure Time: 6:30 AM	L
Sep 10, 2022	Sat	Regular Season (21st Somers big Red Invitational)	@ Somers	8:00 AM		Somers HS	Bus/Driver: Brega	Departure Point: Tennis Courts Departure Time: 6:30 AM	L
Sep 13, 2022	Tue	Regular Season	Pearl River	4:30 PM		TZHS Grass field			L
Sep 13, 2022	Tue	Regular Season	Pearl River	4:30 PM		TZHS Grass field			L
Sep 17, 2022	Sat	Regular Season (Regis Invoice)	TBD	8:00 AM		Van Cortlandt Park	Bus/Driver: Brega	Departure Point: Tennis Courts Departure Time: 6:45 AM	L
Sep 20, 2022	Tue	Regular Season (Dual Meet)	Nanuet	4:15 PM		TZHS Grass field			L
Sep 24, 2022	Sat	Regular Season (Milton Invite)	@ TBD	8:00 AM		Hudson Valley Sports Dome, Milton	Bus/Driver: Brega	Departure Point: Tennis Courts Departure Time: 8:00 AM	L
Sep 28, 2022	Wed	Regular Season (Dual Meet)	@ Nyack	4:30 PM		Nyack HS	Bus/Driver: Brega	Departure Point: Arena Departure Time: 3:10 PM	L
Oct 1, 2022	Sat	Regular Season (NY State Night-Time Showcase presented by New Balance)	@ TBD	TBD		Twins Pond on The Farm	Bus/Driver: Brega	Departure Point: Tennis Courts Departure Time: 4:00 PM	L
Oct 8, 2022	Sat	Regular Season (Manhattan Invite)	@ TBD	8:00 AM		Van Cortlandt Park	Bus/Driver: Brega - 1 bus	Departure Point: Tennis Courts Departure Time: 10:30 AM	L
Oct 14, 2022	Fri	Regular Season (League Champs)	@ TBD	TBD		Bear Mountain	Bus/Driver: Brega	Departure Point: Arena Departure Time: 3:10 PM	L
Oct 22, 2022	Sat	Regular Season (Section 1 Coaches)	@ TBD	TBD		Bowdoin Park	Bus/Driver: Brega	Departure Point: Tennis Courts Departure Time: 10:30 AM	L
Oct 27, 2022	Thu	Regular Season (Rockland Champs)	@ TBD	TBD		Bear Mountain	Bus/Driver: Brega	Departure Point: Arena Departure Time: 12:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 1, 2022	Tue	Regular Season (Ray Roswell Frosh)	@ Clarkstown South	4:30 PM		Clarkstown South HS	Bus/Driver: Brega	Departure Point: Arena Departure Time: 3:10 PM	L
Nov 5, 2022	Sat	Regular Season (Section 1 Champs)	@ TBD	TBD		Bowdoin Park	Bus/Driver: Brega - 1 bus	Departure Point: Tennis Courts Departure Time: 8:30 AM	L
Nov 12, 2022	Sat	Regular Season (NY State champs @ VVS HS TBA)	TBD	12:00 AM		TBD			L

Date: 2026-01-16