## Coaches:

- Kristilyn Breault, Head Coach
- Andrew Capone, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 12, 2023	Tue	Meet (Adirondack League Pre- Season Scrimmage)	Vs. Multiple	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		Departure Point: HCS Bus Circle Departure Time: 3:15 PM	NL
Sep 16, 2023	Sat	Regular Season (BP Cross Country Invitational)	Albany High School, Mayfield, Johnstown, South Glens Falls, Gloversville @ Broadalbin-Perth	9:00 AM		BPHS Cross Country Trail			NL
Sep 19, 2023	Tue	Regular Season	@ North Warren	4:00 PM		NW High School			L
Sep 19, 2023	Tue	Regular Season	Corinth (Corinth/Hadley Luzerne) @ Warrensburg (Warrensburg - Bolton)	4:00 PM		Warrensburg Recreation Field			L
Sep 26, 2023	Tue	Regular Season	@ North Warren	4:00 PM		NW High School			L
Sep 26, 2023	Tue	Regular Season	Argyle (Argyle) @ Corinth (Corinth/Hadley Luzerne)	4:00 PM		TBD			L
Sep 30, 2023	Sat	Regular Season	@ South Glens Falls	9:00 AM	1:00 PM	Moreau Recreational Park			NL
Oct 3, 2023	Tue	Regular Season	Lake George @ Granville (Granville- Whitehall-Hartford)	4:00 PM		Sam Eppolito Track Complex			L
Oct 7, 2023	Sat	Regular Season (Saratoga Invitational)	@ TBD	12:50 PM		Pitney Meadows Community Farm			L
Oct 10, 2023	Tue	Regular Season	Warrensburg (Warrensburg - Bolton)	4:00 PM		HCS Cross Country Course			L
Oct 10, 2023	Tue	Regular Season	Argyle (Argyle), North Warren	4:00 PM		Whitehall Jr/Sr High School			L
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invitational)	@ TBD	8:00 AM		SPAC			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START END TIME TIM	I WALIWE	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invitational)	Jamesville-Dewitt, Schuylerville, Johnstown, Edmeston (Edmeston/Morris), Shaker High School, Ballston Spa High School, Colonie High School, Shenendehowa High School, Albany High School, Scotia- Glenville, Greenville, Queensbury, Troy, Glens Falls @ Burnt Hills-Ballston Lake HS	8:00 AM	Saratoga Spa State Park		NL
Oct 17, 2023	Tue	Regular Season	Granville (Granville- Whitehall- Hartford), Argyle (Argyle) @ Hadley-Luzerne (Corinth/Hadley Luzerne)	4:00 PM	Stuart M. Townsend Elementary School		L
Oct 26, 2023	Thu	Meet (Adirondack League Championships)	Vs. Multiple	4:00 PM	Queensbury HS, Trails @ Elem. School		NL
Nov 4, 2023	Sat	Post-Season (Sectionals @ Queensbury)	@ TBD	11:30 AM	Queensbury HS, Trails @ Elem. School		NL

Date: 2025-12-05