

## Coaches:

- Garrett Smith
- Jessica Egan

| DATE                      | WEEK<br>DAY | ТҮРЕ           | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION                                       | TRANSPORTATION          | LEAGUE<br>/ NON-<br>LEAGUE |
|---------------------------|-------------|----------------|--|---------------|-------------|--|-------------------------|----------------------------|
| Mar 18, 2024              | Mon         | Practice       | N/A  | 3:30<br>PM    |             | Lake George<br>Elementary                      |                         |                            |
| Mar 19, 2024              | Tue         | Practice       | N/A  | 3:30<br>PM    |             | Lake George<br>Elementary                      |                         |                            |
| Mar 20, 2024              | Wed         | Practice       | N/A  | 3:30<br>PM    | 4:30<br>PM  | Lake George<br>Elementary                      |                         |                            |
| Mar 21, 2024              | Thu         | Practice       | N/A  | 3:30<br>PM    |             | Lake George<br>Elementary                      |                         |                            |
| Mar 22, 2024              | Fri         | Practice       | N/A  | 3:30<br>PM    |             | Lake George<br>Elementary                      |                         |                            |
| Mar 25, 2024              | Mon         | Practice       | N/A  | 3:30<br>PM    |             | Lake George<br>Elementary                      |                         |                            |
| Mar 26, 2024              | Tue         | Practice       | N/A  | 3:30<br>PM    | 4:30<br>PM  | Lake George<br>Elementary                      |                         |                            |
| Mar 27, 2024              | Wed         | Practice       | N/A  | 3:30<br>PM    | 4:30<br>PM  | Lake George<br>Elementary                      |                         |                            |
| Apr 9, 2024               | Tue         | Practice       | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                         |                            |
| Apr 10, 2024              | Wed         | Practice       | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                         |                            |
| Apr 11, 2024              | Thu         | Practice       | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                         |                            |
| Apr 12, 2024              | Fri         | Practice       | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                         |                            |
| Apr 15, 2024              | Mon         | Practice       | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                         |                            |
| Apr 16, 2024              | Tue         | Practice       | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                         |                            |
| Apr 17, 2024              | Wed         | Practice       | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                         |                            |
| Apr 18, 2024              | Thu         | Regular Season | Corinth (Corinth/HL),<br>Granville, Salem,<br>Whitehall  | 4:30<br>PM    |             | Lake George<br>Elementary<br>School - #8 Track |                         | L                          |
| Apr 19, 2024              | Fri         | Practice       | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                         |                            |
| CANCELLED Apr<br>22, 2024 | Mon         | Practice       | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                         |                            |
| Apr 23, 2024              | Tue         | Practice       | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                         |                            |
| Apr 24, 2024              | Wed         | Practice       | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                         |                            |
| Apr 25, 2024              | Thu         | Regular Season | Corinth (Corinth/HL),<br>Salem, Whitehall @<br>Granville | 4:30<br>PM    |             | Sam Eppolito<br>Track Complex                  | Departure Time: 3:20 PM | L                          |

| DATE                      | WEEK<br>DAY | TYPE                                       | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION                                       | TRANSPORTATION                 | LEAGUE<br>/ NON-<br>LEAGUE |
|---------------------------|-------------|--|--|---------------|-------------|--|--------------------------------|----------------------------|
| POSTPONED Apr<br>26, 2024 | Fri         | Regular Season<br>(Mod Madness)            | @ Stillwater   | 4:45<br>PM    |             | Track  | Departure Time: 3:20 PM        | NL                         |
| Apr 30, 2024              | Tue         | Practice                                   | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                                |                            |
| May 1, 2024               | Wed         | Practice                                   | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                                |                            |
| May 2, 2024               | Thu         | Regular Season                             | Granville, Salem,<br>Whitehall @ Corinth<br>(Corinth/HL) | 4:30<br>PM    |             | Corinth<br>Elementary                          | <b>Departure Time:</b> 3:30 PM | L                          |
| May 3, 2024               | Fri         | Practice                                   | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                                |                            |
| May 6, 2024               | Mon         | Practice                                   | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                                |                            |
| May 7, 2024               | Tue         | Practice                                   | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                                |                            |
| May 8, 2024               | Wed         | Practice                                   | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                                |                            |
| May 9, 2024               | Thu         | Regular Season                             | Corinth (Corinth/HL),<br>Granville, Whitehall<br>@ Salem | 4:30<br>PM    |             | Salem High<br>School                           | <b>Departure Time:</b> 3:20 PM | L                          |
| May 10, 2024              | Fri         | Practice                                   | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                                |                            |
| May 13, 2024              | Mon         | Practice                                   | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                                |                            |
| May 14, 2024              | Tue         | Practice                                   | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                                |                            |
| May 15, 2024              | Wed         | Practice                                   | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                                |                            |
| May 15, 2024              | Wed         | Regular Season                             | Corinth (Corinth/HL),<br>Granville, Salem @<br>Whitehall | 4:30<br>PM    |             | Whitehall Jr/Sr<br>High School                 | <b>Departure Time:</b> 3:20 PM | L                          |
| May 17, 2024              | Fri         | Practice                                   | N/A  | 3:30<br>PM    | 5:00<br>PM  | Lake George<br>Elementary<br>School - #8 Track |                                |                            |
| May 17, 2024              | Fri         | Regular Season<br>(Stillwater Mod<br>Invy) |  | 4:30<br>PM    |             | Track  | <b>Departure Time:</b> 3:15 PM | NL                         |

Date: 2024-05-10